



Palm Beach County
Board of County Commissioners

Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Ins and Outs of Toileting: Teaching Toileting Skills to Children and their Families

Presented by Marcela Galicia, PhD, NCSP

Wednesday, February 7, 2024

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/PZPJYBD>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on February 6, 2024

In order to receive a certificate you must be present for the entire training.

Description:

This talk will focus on best practices in basic toilet training for typically developing and neurodivergent youth with diverse presenting concerns (diurnal enuresis, bed-wetting, accidents, toilet aversions, encopresis, etc.). The skills needed to successfully use the toilet, as well as how to support families in teaching these skills will be reviewed.

Learning Objectives:

After completion of this presentation, participants will be able to name the following:

1. Participants will list pre-prerequisites for toilet training
2. Participants will describe basic behavioral frameworks for diurnal and nocturnal toilet training
3. Participants will identify common skill deficits and function(s) of problematic toileting behavior

Presenter:



Marcela A. Galicia, Ph.D., NCSP is a licensed psychologist who specializes in behavioral pediatric psychology supporting typically developing and neurodiverse children, including children with autism, ADHD, language delays and intellectual disabilities. She provides therapy and behavioral parent training in English and Spanish. Dr. Galicia received her doctoral degree in from the University of South Florida in Tampa. She completed her doctoral internship in clinical and pediatric psychology at the University of Miami Mailman Center for Child Development and did a postdoctoral fellowship in behavioral pediatrics at Johns Hopkins University/Kennedy Krieger Institute in Maryland.

Dr. Galicia has specialty training in positive behavioral supports, as well as decreasing anxiety and mild-to-moderate externalizing behavior concerns, including temper tantrums, non-compliance, elopement, toileting difficulties, physical aggression, and sleep difficulties.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2025).

Youth Services Department, Palm Beach County is approved to provide continuing education to RN's, ARNP's, LPN's and CNA's by the Florida Board of Nursing (Provider # 50-533, expires October 31, 2024).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](mailto:Cristal.Montepeque@pbcgov.org) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460

Zoom Instructions

If you have never used Zoom before, you will need to click on the attendee link (below). Once you click join you will be prompted to download and install Zoom. You may also download the Zoom app on a computer or mobile device.

Please register for the webinar and make sure that software is working prior to Wednesday's 9:30 webinar.

How to Ask Questions During Zoom:

1. Click the Chat icon in the top toolbar.
2. Use the "Send to" drop-down menu to select the recipients of the message.
 - **Everyone** – All participants will see the message in their Chat pane.
 - **Organizer(s) only** – All organizers will see the message in their Chat pane.
 - **Individual attendee** – Only the selected organizer or attendee will receive the private message.
3. Type your message in the text field, then click **Send**.

Please click the link below for more help:

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>