The Boys Town National Hotline is for kids, teens and parents who need help.

- Depression
- Suicidal thoughts
- Self-harm
- Parenting problems
- Relationship issues
- Stress and anxiety
- Physical, sexual or emotional abuse
- Anger problems
- School problems, bullying, peer pressure
- Chemical dependency

The Hotline is here for you.

- Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered 93,442 calls last year.
- Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- The hearing-impaired can communicate with counselors by emailing hotline@boystown.org.
- Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 25,000 human service agencies.
- Parents can get advice and tips for raising their children at parenting.org and by emailing their parenting questions to hotline@boystown.org.
- Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline’s website, YourLifeYourVoice.org. The Hotline responded to 17,801 web-based contacts in 2023.
- Last year, the National Hotline helped prevent 468 suicides.

2023 CONTACTS BY PRESENTING PROBLEMS (all ages)

84,124 contacts where presenting problem was identified. General information contacts not included.

- Mental Health 42.1%
- Parenting Assistance 6.2%
- Relationships 17.3%
- Suicide 23.5%
- Life Process/Adjustment 2.9%
- Health 1.8%
- Base Needs 2.4%
- Addictions 1.3%
- Pregnancy/Sexuality 0.7%
- Victim/Offender 2.1%

Learn more about the Hotline at boystown.org/hotline | Send questions or concerns to hotline@boystown.org | Find parenting advice and tips at parenting.org | Teens can reach out at yourlifeyourvoice.org
**BOYS TOWN NATIONAL HOTLINE**

**KEY IMPACT NUMBERS**

- **111,243** TOTAL HOTLINE CONTACTS (calls answered, web contacts)
- **93,442** CALLS ANSWERED
- **24,841** HOURS COUNSELORS SPOKE WITH CALLERS
- **17,801** WEB CONTACTS (chats, emails and texts)

**BOYS TOWN NATIONAL HOTLINE CRISIS COUNSELORS**

- **468** STOPPED IN PROGRESS / INTERVENTION REQUIRED
- **14,950** SUICIDE IDEATION CONTACTS

**TOP 5 REASONS FOR YOUNG PEOPLE CONTACTS (23 AND UNDER)**

- **22%** Suicide Ideation
- **20%** Anxiety
- **7%** Depression
- **7%** Relationship Problems
- **5%** Friendships

**ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE**

- **8,444** CONTACTS
- **1,107** REPORTS RECEIVED (calls, mobile app, website)
- **34,717** CONTACTS