



800-448-3000

Boys Town National Hotline®

A crisis, resource and referral number for KIDS and PARENTS.

24 hours a day, 7 days a week

The Boys Town
National Hotline
is for kids, teens
and parents who
need help.

Depression

Suicidal thoughts

Self-harm

Parenting problems

Relationship issues

Stress and anxiety

Physical, sexual or
emotional abuse

Anger problems

School problems,
bullying, peer pressure

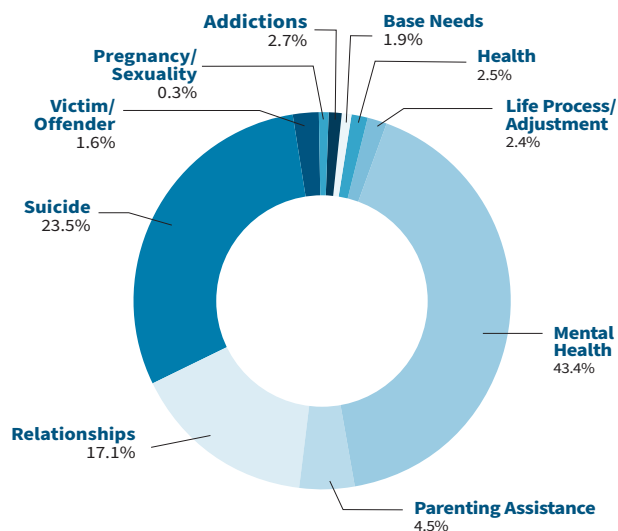
Chemical dependency

The Hotline is here for you.

- > Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline responded to 106,611 contacts last year.
- > Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- > The hearing-impaired can communicate with counselors by emailing **hotline@boystown.org**.
- > Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 21,000 human service agencies.
- > Parents can get advice and tips for raising their children at **parenting.org** and by emailing their parenting questions to **hotline@boystown.org**.
- > Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline's website, **YourLifeYourVoice.org**. The Hotline responded to 21,511 web-based contacts in 2025.
- > Last year, the National Hotline helped prevent 459 suicides.

2025 CONTACTS BY PRESENTING PROBLEMS (all ages)

76,097 contacts where presenting problem was identified. General information contacts not included.



Learn more about the Hotline at
boystown.org/hotline

Send questions or concerns to
hotline@boystown.org

Find parenting advice and
tips at **parenting.org**

Teens can reach out
at **yourlifeyourvoice.org**

2025 BOYS TOWN NATIONAL HOTLINE KEY IMPACT NUMBERS



24%

of all contacts were
**AGE 23 AND
UNDER**

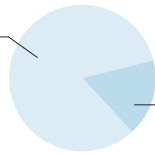
106,611

TOTAL HOTLINE CONTACTS

(calls answered, web contacts)

CALLS ANSWERED

85,100



WEB CONTACTS

(chats, emails and texts)

21,511

21,791

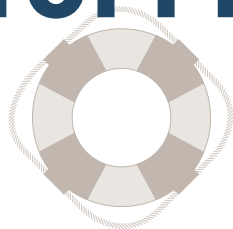


**HOURS COUNSELORS SPOKE
WITH CALLERS**

BOYS TOWN NATIONAL HOTLINE

CRISIS COUNSELORS

**STOPPED 459
SUICIDES**



in progress /
intervention
required

15,035



SUICIDE IDEATION CONTACTS



576,930

YOUR *Life* YOUR *Voice.org*

WEB VIEWS

TOP 5

**REASONS FOR YOUNG
PEOPLE CONTACTS**

(23 AND UNDER)



27% Suicide Ideation

19% Anxiety

**7% Significant
Other**

6% Loneliness

**6% Parent Child
Relationship**

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE



**7,032
CONTACTS**



**1,452
REPORTS RECEIVED**
(calls, mobile app, website)



**41,660
CONTACTS**