

Peer-reviewed Literature References

DAY 1 (Original Recording Date: Monday, July 13, 2026)

Robert Dachs, MD - Twist and Shout: Acute Scrotal Pain and Masses Demystified

- Shteynshlyuger A, Yu J. "Familial testicular torsion: A meta-analysis suggests inheritance." J Pediatr Urol. 2013 Oct;9(5):683-90
- A Systematic Review of Testicle Survival Time After a Torsion Event. Mellick LB, et al. Ped Emerg Care 2019
- Testicular Torsion and Irreversible Loss in an Adolescent Male: A Harrowing Case Report With Emphasis on Timely Intervention and Literature Review Reddy k, et al. Cureus 2023 Jul 31;15(7):e42754.
- Additional references provided within slide presentation.

Robert Dachs, MD - My Favorite Bedside Procedures: Tips and Tricks

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- Ker K, Beecher D, Roberts I. Topical application of tranexamic acid for the reduction of bleeding.
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- Additional references provided within slide presentation.

Deena Kuruvilla, MD - Comprehensive Migraine Update

- Charles A. The pathophysiology of migraine: implications for clinical management. The Lancet Neurology. 2018;17(2):174-182.
- American Headache Society. The American Headache Society Position Statement on Integrating New Migraine Treatments Into Clinical Practice. Headache. 2019;59(1):1-18.
- Robbins MS, et al. Treatment of Migraine in Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. JAMA. 2021;325(19):1931-1944.
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DAY 2 (Original Recording Date: Tuesday, July 14, 2026)

Richard Usatine, MD - Terminology of Skin Disorders and the Use of Topical and Injectable Steroids

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- Freeman S, Howard A, Foley P, Rosen R, Wood G, See JA, Gray S. Efficacy, cutaneous tolerance and cosmetic acceptability of desonide 0.05% lotion (Desowen) versus vehicle in the short-term treatment of facial atopic or seborrheic dermatitis. Australas J Dermatol. 2002 Aug;43(3):186-9.
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- Mateos-Haro M, Novoa-Candia M, Sánchez Vanegas G, Correa-Pérez A, Gaetano Gil A, Fernández-García S, Ortega-Quijano D, Urueña Rodríguez MG, Saceda-Corralo D, Bennouna-Dalero T, Giraldo L, Tomlinson J, Vaño-Galván S, Zamora J. Treatments for alopecia areata: a network meta-analysis. Cochrane Database Syst Rev. 2023 Oct 23;10(10):CD013719.
- Additional references provided within slide presentation.

Richard Usatine, MD - Acne and Other Facial Rashes

- Greywal T, Zaenglein AL, Baldwin HE, Bhatia N, Chernoff KA, Del Rosso JQ, Eichenfield LF, Levin MH, Leyden JJ, Thiboutot DM, Webster GF, Friedlander SF. Evidence-based recommendations for the management of acne fulminans and its variants. J Am Acad Dermatol. 2017 Jul;77(1):109-117. doi:10.1016/j.jaad.2016.11.028. PMID: 28619551.
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- Additional references provided within slide presentation.

Andrew Urban, MD - Start, Stop, Shorten, or Switch? Practical Antibiotic Decisions for Primary Care

- References provided within slide presentation.

Andrew Urban, MD - Sexually Transmitted Infections: An Update on Some Old Friends

- References provided within slide presentation.

DAY 3 (Original Recording Date: Wednesday, July 15, 2026)

Robert Kushner, MD - Obesity: Patient Assessment and Engagement

- Kushner RF, Bessesen DH, Gilden AH. Evaluation and Management of Obesity. Wolters Kluwer, Publ. New York, NY. 2022.
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- Additional references provided within slide presentation.

Robert Kushner, MD - Comprehensive Review of Obesity Medications Including Incretin-Based Therapies

- Gudzone KA, Kushner RF. Medications for obesity: A review. JAMA 2024; 332:571-584
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- Additional references provided within slide presentation.

Jan Basile, MD - Clinical Pearls Based on the New Hypertension Guideline

- References provided within slide presentation.

Jan Basile, MD - Management of Dyslipidemia: New AHA/ACC Guideline Update

- References provided within slide presentation.

DAY 4 (Original Recording Date: Thursday, July 16, 2026)

David Glenn Weismiller, MD - Menopause: Diagnosis and Treatment ...and the HEAT GOES ON!

- 1. The 2022 hormone therapy position statement of The North American Menopause Society. Menopause. 2022;29(7):767-794.
- 2. US Preventive Services Task Force. Hormone Therapy for the Prevention of Chronic Conditions in Postmenopausal Persons. Jama. 2022; 328(17):1740-1746.
- 3. Chang JG, Lewis MN, and Wertz MC. Managing Menopausal Symptoms: Common Questions and Answers. Am Fam Physician. 2023;108(1):28-39.
- 4. Van Leer P. The Risk of Cardiovascular Disease, Fracture, Dementia, and Cancer After Long-Term Hormone Therapy in Perimenopausal and Postmenopausal Women. Am Fam Physician. 2018;98(2):117-118.
- 5. Chlebowski RT, Anderson GL, Aragaki AK, et al. Association of menopausal hormone therapy with breast cancer incidence and mortality during long-term follow-up of the Women's Health Initiative randomized clinical trials. JAMA. 2020;324(4):369-380.
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David Glenn Weismiller, MD - Goodbye Pap, Hello Primary HPV Testing: Navigating the New Era of Cervical Cancer

- Perkins RB, et al. (2020). 2019 ASCCP Risk-Based Management Consensus Guidelines for Abnormal Cervical Cancer Screening Tests and Cancer Precursors. Journal of Lower Genital Tract Disease.
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- Shipman J, et al. (2021). Cervical Cancer Screening: Common Questions and Answers. American Family Physician.
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Lee Lindquist, MD - Updates in Geriatrics: What Should I Know for My Older Adult Patients?

- 1. Grabrucker S et al. Microbiota from Alzheimer's patients induce deficits in cognition and hippocampal neurogenesis, Brain, 146 (12), Dec 2023, 4916–4934, <https://doi.org/10.1093/brain/awad303>.
- 2. Montez-Rath et al. Effect of Starting Dialysis Versus Continuing Medical Management on Survival and Home Time in Older Adults With Kidney Failure. Annals of Internal Medicine. Aug 2024; 177(9) <https://doi.org/10.7326/M23-3028>
- 3. Leung MTY, Turner JP, Marquina C, et al. Gabapentinoids and Risk of Hip Fracture. JAMA Netw Open. 2024;7(11):e2444488. doi:10.1001/jamanetworkopen.2024.44488
- Additional references provided within slide presentation.

Lee Lindquist, MD - What's Happening to My Older Adult Body: Normal or Pathologic?

- Geriatrics Review Syllabus, 12th edition.
 - Kuo, PL., Schrack, J.A., Levine, M.E. et al. Longitudinal phenotypic aging metrics in the Baltimore Longitudinal Study of Aging. *Nat Aging* 2, 635–643 (2022).
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 - Lindquist LA, Wong N, Forcucci C, Rogers B, Ramirez A, Ramirez-Zohfeld V. Dissemination of a long-term care planning tool, PlanYourLifespan.org, through community-based stakeholder leaders. *J Am Geriatr Soc.* 2022 Nov;70(11):3195-3201.
 - Additional references provided within slide presentation.
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DAY 5 (Original Recording Date: Friday, July 17, 2026)

Matthew Cavender, MD - Management of Coronary Artery Disease

- 1. Peripheral arterial disease *Lancet* Volume 358, Issue 9289P1257-1264
- 2. Contemporary Medical Management of Peripheral Artery Disease *Circ Res* 2021 Jun 11;128(12):1868-1884
- 3. 2024 ACC/AHA/AACVPR/APMA/ABC/SCAI/SVM/SVN/SVS/SIR/VESS Guideline for the Management of Lower Extremity Peripheral Artery Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines *Circulation* Volume 149, Number 24 <https://doi.org/10.1161/CIR.0000000000001251>
- Additional references provided within slide presentation.

Matthew Cavender, MD - Valvular Heart Disease for the Primary Care Provider

- 1. Peripheral arterial disease *Lancet* Volume 358, Issue 9289P1257-1264
- 2. Contemporary Medical Management of Peripheral Artery Disease *Circ Res* 2021 Jun 11;128(12):1868-1884
- 3. 2024 ACC/AHA/AACVPR/APMA/ABC/SCAI/SVM/SVN/SVS/SIR/VESS Guideline for the Management of Lower Extremity Peripheral Artery Disease: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines *Circulation* Volume 149, Number 24 <https://doi.org/10.1161/CIR.0000000000001251>
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Kay Roussos-Ross, MD - Recognizing and Treating Premenstrual Dysphoric Disorder (PMDD)

- Management of Premenstrual Disorders: ACOG Clinical Practice Guideline No. 7. *Obstetrics and Gynecology.* 2023.
- Dennerstein L, Lehert P, Heinemann K. Epidemiology of premenstrual symptoms and disorders. *Menopause Int* 2012; 18: 48– 51. doi: 10.1258/mi.2012.012013
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Kay Roussos-Ross, MD - Cases in Women's Health

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 - Sung S, Carlson K, Abramovitz A. Postmenopausal Bleeding. [Updated 2025 Jan 22]. In: *StatPearls [Internet].* Treasure Island (FL): StatPearls Publishing; 2025 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK562188>
 - Additional references provided within slide presentation.
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