



# DALKEITH ELEMENTARY

7951 Dalkeith Avenue  
Ville D'Anjou, Qc.  
H1K 3X6  
Tel: (514) 352- 6730  
Fax: (514) 352-0243

August 2025

Dear Parents/Guardian of Dalkeith Community,

On behalf of the staff at Dalkeith, I hope you had a chance to rest over the summer. To our returning students, welcome back! To our new families, let me take this opportunity to welcome you and yours. I look forward to getting to know you all and working together towards the success of your child/ren. It is my firm belief that only by working together as a team with open communication can we truly achieve our end goals... The betterment and success of the children.

With this sentiment in mind, I encourage you to take the time to review the school information provided in this "Day One Back to School Package". Within the package you will find a number of important forms that need to be **completed and returned to the school**, as well as some other documents that can remain home to refer to as the year progress (ex. The Calendar). These documents can be found on the **Dalkeith Website** should you need them later in the year or lost in the depths of your child's backpack. I will also be sending it home as a .pdf in one of my "Weekly Update" correspondence letters that I try to send digitally...as the title suggests...weekly. I strive to **send them on the last day of the week by 5pm** (sometimes by 6 or 7...if it was a busy week). If you are NOT receiving them, check your "junk/spam folder" settings. If that is not the issue, contact the school and we will verify that we have your proper email address.

Please do not hesitate to contact us with any questions or concerns you may have.

I would also like to take this opportunity to invite you to vote on, or become a member of our school's Governing Board. The general assembly and elections will take place on **Thursday, September 11<sup>th</sup> at 8:00 p.m.** at the school (following our meet-the-teacher evening at 7:00 p.m.). I hope to see you there. More info to follow closer to the date.

Respectfully,

J. Wright  
Principal

# DALKEITH ELEMENTARY

## 2025-2026

### DAY ONE BACK TO SCHOOL PACKAGE

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Please Note: In efforts to become evermore “Green”, these and subsequent documents will be available on the school’s website [www.emsb.qc.ca/dalkeith](http://www.emsb.qc.ca/dalkeith). We encourage you to visit our site regularly to stay up-to-date with news and events as well as becoming a library of these documents.

Electronic Correspondence: It is important that we have a valid email on file as the school will send out information electronically whenever possible.

**Form with (\*) should be returned to school without delay.**

DALKEITH SCHOOL  
GENERAL INFORMATION

August 2025

Dear Parent/Guardian,

I wish to welcome all our students to Dalkeith and hope that you had an enjoyable vacation. To our new students, I wish to reassure you that we will do everything to ensure a smooth transition into the “Dalkeith Family”.

**School Dress Code:**

The Governing Board approved a dress code of a white blouse/shirt and a navy blue or black bottom. The exact wording from the Rules Handbook can be found below:

**Dress Code:** Students are to wear plain white tops. Sleeveless and/or cropped tops should not be considered “School Appropriate”.

**Students are to wear plain navy blue or black pants, skirts or Bermuda shorts.**

Jeans, joggers, track pants are NOT suitable for everyday school use.

Considerations should be made BEFORE sending your child to school as to what is “Elementary School Appropriate”. Things for consideration include but are not limited to skirt length, amount of make-up, appropriate footwear etc. Furthermore, certain jewelry and piercings can become a safety concern as such should be given careful consideration before they enter the school.

**Sweaters worn by students should be navy blue or black.** Graphic ‘hoodies’ are not suitable for class.

**With regard to ALL DRESS CODE RULES (including dress down days and P.E. classes): Good taste and sensibility are the guiding principles to which the school reserves the right to adhere to.**

These guidelines will be followed except on dress down days to be determined by the administration in consultation with the staff.

**Cafeteria Services NEW PROVIDER THIS YEAR:**

Our hot meal Provider for the 2025-2026 school year is Merenda School Catering [[www.traiteurmerenda.com](http://www.traiteurmerenda.com)]. Information regarding registration for an account and how to order can be found at **the end of this documentation package**.

**IMPORTANT** there will be no food services available for the first week of school. As such, please send your child(ren) in with a bagged lunch for the first few days. If all goes to plan, once you have signed up for the service and ordered food, your child(ren) will receive their hot lunches as early as Sept. 8th depending on when you opened your account. I encourage you all to sign up for the service should ever the need arise.

**Emergency Evacuation:**

If the school must be evacuated during the day, students will be taken to the Anjou **United Church** on Dade Street [one block from the school], or **Wilfrid-Pelletier Elementary School** depending on the nature and duration of the evacuation.

**School and Lunch Supervision Fees:**

School Fees for the 2025-2026 academic school year have been set by the Governing Board varying between \$175.00 and \$200.00 depending on the level of the student. Please refer to the “School Fee Breakdown” table which include bulk purchases for uniform items. Items on this list include specifically ruled copy books, ergonomic markers, and/or durable items that the teachers have identified knowing the students and their needs in their classes. Purchasing these items as a school in bulk through our distributors allows us to command a better price for you. Furthermore, it saves you from running from one store to the other when some items sell out. However, should you wish to try to find these items on your own you are welcome to remove them (in their entirety) from the fees and add all items to your appropriate supply list(s). This measure has been adopted by our Governing Board and is intended to simplify your back-to-school shopping and hopefully save you a little money. The Bulk Order Sheet [with our prices] as well as the Supply Lists [grade specific], **can be found on our website**.

The consolidated school fees have been broken down for you in the table below.

### **SCHOOL FEE BREAKDOWN:**

	<b>C.C.</b>	<b>Pre-K</b>	<b>Kdg.</b>	<b>Grade 1</b>	<b>Grade 2</b>	<b>Grade 3</b>	<b>Grade 4</b>	<b>Grade 5</b>	<b>Grade 6</b>
Workbook & Exercise Books	50	50	50	75	75	80	80	70	70
Worksheets	30	30	30	30	30	30	30	30	30
Agenda / Communication Log	10	10	10	10	10	10	10	10	10
Bulk order supplies rough cost ***	110	110	110	85	85	55	55	65	65
Total	200	200	200	200	200	175	175	175	175

\*\*\*if removed from fees please add those items to be purchased on each respective supply list.

### **LUNCH SUPERVISION FEES:**

This year you will be receiving a registered invoice from the school for lunch supervision fees. Please wait for this invoice before making a payment (monthly)

2025-2026 Lunch Supervision Fees have been set at the following rate of \$297.00

This works out to \$1.65 a day

If your child is registered in daycare **full-time**. Lunch supervision fees are included with your Daycare payments.

**As in the past, should ANY fee cause undue financial hardship, payment plans can always be arranged through contacting the Principal directly. Otherwise full payment of the school fees are due in September 2025.**

**Daycare: Opening hours, 7:00 a.m. The closing time, 6:00 p.m.** must be respected as there will be a charge for any overtime. Please refrain from driving on the school driveway when dropping off or picking up students for everyone's safety.

Students who walk to school should not arrive before 8:55 a.m. Students who go home for lunch should not return before 1:20 p.m.

### **Dismissal Changes:**

Any changes to dismissal time can be done in the Mozaik Parent Portal. The School Secretary updates these changes by 11:00am. To minimize class disruptions, whenever possible, early dismissals should correspond with transition times (Lunch, recess, etc.).

Only in emergency situations should dismissal changes be made after 3:00pm (taking/not taking bus, sending to Daycare, etc.) Phone call required.

N.B. The student agenda can and still should be used to document 'pick-up' changes (Doctors/Dentist appts. etc.). We also check messages and answer the phone regularly. In emergencies, calling the school directly is the best option.

The Goncourt Doors should be used for all pick- ups and drop offs. When doing so, please respect the municipal signage. For the safety and security of all our children, if you must use the Dalkeith Entrance, **avoid** the "horseshoe" or observe a **10 km/hr speed limit**.

Thank you for your cooperation. With your support I hope we will provide your child(ren) with a happy, healthy, safe and nurturing learning environment.

Mr. John Wright  
Principal

## School Fee Return Slip 2025-2026

Please return this page in its entirety when sending in you chid(ren)'s school fees

STUDENT'S NAME \_\_\_\_\_ Grade \_\_\_\_\_

I HAVE ENCLOSED (please check ✓ under) the following School Fees that apply to my child/ren.

Closed Class	Pre-K (K4)	Kdg (K5)	Cycle 1 (Gr 1&2)	Cycle 2 (Gr 3&4)	Cycle 3 (Gr 5&6)
\$200	\$200	\$200	\$200	\$175	\$175

As in the past, should ANY fee cause undue financial hardship, payment plans can always be arranged through contacting the Principal directly.

*Additional Child 1 (if required)*

STUDENT'S NAME \_\_\_\_\_ Grade \_\_\_\_\_

*I HAVE ENCLOSED the following School Fees that apply to my child/ren.*

<i>Closed Class</i>	<i>Pre-K (K4)</i>	<i>Kdg (K5)</i>	<i>Cycle 1 (Gr 1&amp;2)</i>	<i>Cycle 2 (Gr 3&amp;4)</i>	<i>Cycle 3 (Gr 5&amp;6)</i>
<i>\$200</i>	<i>\$200</i>	<i>\$200</i>	<i>\$200</i>	<i>\$175</i>	<i>\$175</i>

*Additional Child 2 (if required)*

STUDENT'S NAME \_\_\_\_\_ Grade \_\_\_\_\_

*I HAVE ENCLOSED the following School Fees that apply to my child/ren.*

<i>Closed Class</i>	<i>Pre-K (K4)</i>	<i>Kdg (K5)</i>	<i>Cycle 1 (Gr 1&amp;2)</i>	<i>Cycle 2 (Gr 3&amp;4)</i>	<i>Cycle 3 (Gr 5&amp;6)</i>
<i>\$200</i>	<i>\$200</i>	<i>\$200</i>	<i>\$200</i>	<i>\$175</i>	<i>\$175</i>

Total Enclosed Amount: \$ \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_



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# STUDENT EMERGENCY HEALTH FORM



To ensure the safety of the student, the school must be informed of any health issues that may require emergency intervention while at school (e.g. severe allergy to certain foods/insect bites, diabetes, etc.).

Does your child have a medical issue or condition? YES ☐ NO ☐

## STUDENT IDENTIFICATION

2025- 2026

Family Name				Given Name	
Fiche no.	Class	Benchmark Group	Bus #	Language spoken at home	
Date of birth		Sex	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Other <input type="checkbox"/>
Siblings in the school					
Medicare No. <span style="float: right;">Expiration: year/month</span>					

## MAIN ADDRESS

Civic no.	type (street, boul., ave...)	Street name	Appartement	City/borough	postal code
Home telephone number			Other telephone number(s)		
The child resides with: <input type="checkbox"/> Both parents <input type="checkbox"/> One parent : _____ <input type="checkbox"/> Guardian _____					

## EMERGENCY CONTACT INFORMATION

Name of parent		Name of parent	
Home phone number		Home phone number	
Work phone number		Work phone number	
Cell phone number		Cell phone number	
Email Address		Email Address	

Name of guardian		Emergency contact	
Home phone number		Home phone number	
Work phone number		Work phone number	
Cell phone number		Cell phone number	
Email Address		Email Address	

Parents are advised to notify the above individuals that the school will contact them in an emergency.

Please complete and sign the back



## ADDITIONAL INFORMATION

### DOES THE STUDENT HAVE A SEVERE ALLERGY?

Food	Yes / No	Specify	
Bee/wasp stings	Yes / No	Specify	
Other allergy		Specify	
Epinephrine auto-injector (Epipen)	Yes / No	If yes, specify	Expiration date
Other		Specify	

### DOES THE STUDENT SUFFER FROM AN ILLNESS?

Asthma	Yes / No	Specify	Medication *(name and dosage of medication)	Taken at school Yes / No
Diabetes	Yes / No	Specify	Medication *(name and dosage of medication)  Insulin dependant : <input type="checkbox"/> Yes <input type="checkbox"/> No	Taken at school Yes / No
Epilepsy	Yes / No	Specify	Medication *(name and dosage of medication)	Taken at school Yes / No
Sickle Cell Anemia	Yes / No	Specify	Medication *(name and dosage of medication)	Taken at school Yes / No
Heart problems	Yes / No	Specify	Medication *(name and dosage of medication)	Taken at school Yes / No
Other	Yes / No	Specify	Medication *(name and dosage of medication)	Taken at school Yes / No
Other	Yes / No	Specify	Medication *(name and dosage of medication)	Taken at school Yes / No

\*Please note that medication at school is an exceptional measure. You will need to authorize any medication administered at school and provide the prescription and medication in its original container. For any changes regarding your child's specific needs, please contact the school secretarial staff.

### AUTHORISATION

I give permission to display the name and photo of my child in order to allow quick intervention for the following health problems – asthma, epilepsy, sickle cell anemia, heart problems, allergies, other : ☐ Yes ☐ No

I authorize the nurse to screen for the presence of signs and symptoms of contagious and parasitic diseases (e.g. measles, chickenpox, ringworm, scabies, etc.) in order to make a medical referral and ensure follow-up : ☐ Yes ☐ No

**Ambulance transport**  
If transport by ambulance must be carried out, the costs will be paid by the parents or guardian.

### SIGNATURE OF PARENTAL AUTHORITY HOLDER OR YOUTH 14 YEARS OLD AND OVER

signature	Date : ____/____/20____
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## LOCAL FIELD TRIPS WAIVER FORM

During the school year, the children may take local field trips within walking distance of the school. (i.e., the local park, supermarket, library etc.) Basically, nothing that involves a bus or crossing more than two or three streets.

If you are allowing your child to participate in these “walking trips”, please sign the permission slip below and return it to the class teacher.

Normally children without signed permission slips must remain at school under the supervision of another teacher.

Please note that you will be notified well in advance of any excursion requiring bus or metro transportation. A separate permission slip will be issued to you for these outings.

Thank you for your cooperation.

Mr. J. Wright  
Principal

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Please complete and return to the class teacher

### **PARENTAL AUTHORIZATION FORM** **Walking distance trips – 2025-2026**

☐ I allow my child \_\_\_\_\_ to participate in all excursions within walking distance of Dalkeith School during this school year.

☐ I DO NOT allow my child to participate in the walking distance trips.  
*Should you choose this option your child may be asked to stay with another class during that activity.*

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**DALKEITH DAYCARE**  
**Ped Day Registration Form**

The Daycare will be offering services on the following Ped Days. If you are interested, please check off the dates and return by September 12, 2025.

_____ Friday, October 3, 2025	Board wide Ped Day
_____ Monday, October 27, 2025	Board wide Ped Day
_____ Friday, November 7, 2025	Board wide Ped Day
_____ Thursday, November 20, 2025	Parents-Teachers Interviews
_____ Friday, January 30, 2026	School Ped day
_____ Thursday, February 26, 2026	Parents-Teachers Interviews
_____ Monday, March 16, 2026	Board Wide Ped Day
_____ Monday, April 27, 2026	School Ped day
_____ Friday, May 15, 2026	Moveable Ped Day
_____ Friday, June 5, 2026	Moveable Ped Day

Student's Name \_\_\_\_\_

Grade \_\_\_\_\_

Homeroom \_\_\_\_\_

Name of Parent/ Guardian registering the student:

\_\_\_\_\_

Phone Number \_\_\_\_\_



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August 2025

Dear Parents,

This year, as a fundraiser for the school, we will be selling T-shirts for the students to wear during physical education class for **15.00\$ each**. Please note that this T-Shirt is NOT mandatory. However, it should be further noted that it is **not** a replacement for the polo shirt. If you would like to purchase one or more (we have some adult sizes too), please complete the order form and return it to the school as soon as possible. **N.B. we are still waiting on some sizes from our supplier, if your child's size is out of stock, your child will be given their T-shirt as soon as the size inventory arrives.**

=====

## T-SHIRT ORDER FORM

NAME OF STUDENT: \_\_\_\_\_ GRADE: \_\_\_\_\_

### SIZE

### QUANTITY

YOUTH SMALL	
YOUTH MEDIUM	
YOUTH LARGE	
Adult M	
Adult L	
Adult XL	

\*\*\* Add your size and we will order it for you. If you are not sure about the size, order to the best of your knowledge and the teacher will adjust appropriately.



Commission scolaire English-Montréal  
English Montreal School Board

## **PARENT VOLUNTEERS 2025-2026**

The successful running of a school more and more depends on the commitment of volunteers such as you.

Student Name: \_\_\_\_\_ HR \_\_\_\_\_

**If you would like to be a parent volunteer, please complete the bottom portion and return it to the school immediately. Please note that the PPO chairperson will communicate with you by email.**

N.B. in keeping with government requirements and policy, a police records check may be required.

### **Parent Volunteer Information**

First and Last Name of **Parent** (Please print)

\_\_\_\_\_

Home telephone number: \_\_\_\_\_

Work telephone number: \_\_\_\_\_

Cell phone number: \_\_\_\_\_

**Email address:** \_\_\_\_\_

**I have volunteered at Dalkeith in the past.** Yes \_\_\_\_\_ No \_\_\_\_\_

**Please return this form its entirety to the school as soon as possible.**



## DALKEITH ELEMENTARY

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www.emsb.qc.ca/dalkeith

# 2025-2026

Calendrier Scolaire Secteur Jeunes  
Youth Sector School Calendar

JUILLET / JULY 2025							AOÛT / AUGUST 2025							SEPTEMBRE / SEPTEMBER 2025						
D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S
		1	2	3	4	5						1	2		1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13
13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20
20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27
27	28	29	30	31			24	25	26	27	28	29	30	28	29	30				
							31													
OCTOBRE / OCTOBER 2025							NOVEMBRE / NOVEMBER 2025							DÉCEMBRE / DECEMBER 2025						
D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S
			1	2	3	4							1		1	2	3	4	5	6
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							30													
JANVIER / JANUARY 2026							FÉVRIER / FEBRUARY 2026							MARS / MARCH 2026						
D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S
				1	2	3	1	2	3	4	5	6	7	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28
25	26	27	28	29	30	31								29	30	31				
AVRIL / APRIL 2026							MAI / MAY 2026							JUIN / JUNE 2026						
D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S	D/S	L/M	M/T	M/W	J/T	F/V	S/S
			1	2	3	4						1	2		1	2	3	4	5	6
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
26	27	28	29	30			24	25	26	27	28	29	30	28	29	30				
							31													



Holidays



Fixed Professional Days-School Board



Local Professional Days by School

School Year: August 26, 2025 to June 30, 2026 /Année scolaire: Du 26 août 2025 au 30 juin 2026

First day of classes: September 2, 2025 /Première journée de cours: Le 2 septembre, 2025

Last day of classes: June 23, 2026 /Dernière journée de cours: Le 23 juin, 2026

Spring Break: March 2, 2026 to March 6, 2026 /Relâche scolaire: Du 2 mars 2026 au 6 mars 2026

Teaching Days/Journées d'instruction: 180

Professional Days / Journées pédagogiques: 10 Board + 2 Fixed + 6 Local + 2 removable snow = 20

Fixed Prof. Days: Aug. 26, 27, 28, 29, Oct. 27, QPAT – Nov. 7 2025, Mar. 16, Jun. 25, 26, 29, 30, 2026.

Sept. 11<sup>th</sup> Meet the Teacher & General Assembly

Oct. 10<sup>th</sup> IEPs sent home / First Communication

Nov. 20<sup>th</sup>, Feb. 26<sup>th</sup> Parents-Teachers interviews

\* removable snow days (Ped days that may be removed)

Term 1: Sept. 2<sup>nd</sup>, 2025– Nov. 19<sup>th</sup>, 2025 (53)

Term 2: Nov. 24<sup>th</sup>, 2025– Feb. 25<sup>th</sup>, 2026 (57)

Term 3: Mar. 9<sup>th</sup>, 2026 – Jun. 23<sup>rd</sup>, 2026 (70)



Commission scolaire English-Montréal  
English Montreal School Board

# HOW TO MANAGE FOOD ALLERGIES IN SCHOOLS



In Canada, about 20% of allergic reactions to food occur in schools.

Since there are over 160 food items that can cause allergic reactions, it is impossible to eliminate them all from schools. **Studies have shown the importance of prevention to reduce the risks of allergic reactions.**

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*Guide to the Best Practices for Managing Food Allergies in Montreal Elementary Schools* provides information on effective measures to prevent and manage allergic reactions in schools.

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Produced by Direction régionale de santé publique de Montréal, in partnership with schools, the health network and Allergy Quebec, the Guide is accessible online: [drsp.santemontreal.qc.ca/en](https://drsp.santemontreal.qc.ca/en).

The most common allergy-causing foods are eggs, cow's milk, mustard, sulfites, sesame seeds, soy, wheat, peanuts, nuts, crustaceans/shellfish, and fish.



## MAIN RECOMMENDATIONS

- **Students with allergies:**
  - Use a placemat and a thermos
  - Only eat foods authorized by their parents
  - Have a designated place during meals and snack-time, but without being isolated from others
- **All students:**
  - Wash hands before and after eating
  - Don't share food, drinks, containers, water bottles or utensils
  - Don't eat during school transportation
- **School staff:**
  - Identify students with allergies and know what foods they are allergic to
  - Clean tables before and after meals and snack-time
  - Be trained to take action should a severe allergic reaction occur (anaphylaxis)
  - Follow the emergency protocol in case of severe allergic reaction
  - Have access to epinephrine auto-injectors at school
- **Parents, students and school staff:**
  - Raise awareness about food allergies



A number of recommendations included in the guide are similar to those proposed to prevent the spread of the virus in schools.

Coordinated by the CIUSSS du  
Centre-Sud-de-l'Île-de-Montréal

Québec 



Commission scolaire English-Montréal

English Montreal School Board

# FOOD ALLERGIES

PEANUT, TREE NUT, EGG, FISH, AND OTHER ALLERGENS



Dear Parents,

Some students in our school have serious food allergies, where even trace amounts of a food allergen (e.g. from peanut, tree nuts, eggs, fish, etc.) can trigger a severe reaction (anaphylaxis).

Providing a safe environment for our students is our priority. To help maintain our school “**ALLERGY SAFE**” and reduce the risk of unfortunate events, all students are asked to:

- ✓ Prioritize **VEGETABLES and FRUITS** as snacks.
- ✓ Ensure **HAND-WASHING** before and after eating
- ✓ Practice the “**No SHARING Food**” rule; including utensils, containers and water bottles
- ✓ Ensure no eating in **SCHOOL BUSES**

As the absence of allergens in foods offered through various programs and activities cannot be guaranteed, parents of children with allergies are reminded to provide allergen-free foods from home if they opt not to participate in these programs/activities. Furthermore, parents are advised to evaluate all risks associated with using the school cafeteria and outside food suppliers to make an informed decision on the use of these services.

Students with severe food allergies should eat at their assigned “reserved” seating in the lunchroom. They should ensure cleaning (using cleaning wipes) of their meal surface area before eating and use a place mat to set their food (cleaning wipes and place mats to be provided by parents). Moreover, students are encouraged to use isothermal containers (thermos) for hot meals and refrain from using microwave ovens.

As providing a safe environment for our students is a major concern, we wish to remind all parents that an **allergen-free environment cannot be guaranteed in our school as complete avoidance of all allergens is not possible**. If at any time a student feels at risk in the possible presence of an allergen, he/she should immediately go to a safe area and report to a responsible adult.

Parents of students with food allergies are reminded to inform the school Principal of their child’s allergy and ensure that auto-injectors are readily available and replaced before the expiration date.

**For more information**, visit the Allergies Québec website: [www.allergies-alimentaires.org](http://www.allergies-alimentaires.org)

Thank you for helping us maintain our school “ALLERGY SAFE”.

***Your Principal and School Board Dietitian***



Commission scolaire English-Montréal

English Montreal School Board

# ALLERGIES ALIMENTAIRES

ARACHIDES, NOIX, OEUFS, POISSON ET AUTRES ALLERGÈNES



Chers parents,

Certains élèves de notre école souffrent d'allergies alimentaires graves. Une quantité infime d'un allergène (p. ex. arachides, noix, œufs, poisson, etc.) peut provoquer chez ces enfants une réaction sévère de type anaphylactique.

Offrir un environnement sécuritaire à tous nos élèves constitue pour nous une priorité. Aussi, pour que notre école demeure un **MILIEU SÉCURITAIRE EN MATIÈRE D'ALLERGIES** et dans le but de réduire les risques d'événements fâcheux, nous demandons à tous les élèves :

- ✓ de privilégier des **FRUITS ET LÉGUMES** à la collation;
- ✓ de se **LAVER LES MAINS** avant de manger et après;
- ✓ de **NE PAS PARTAGER D'ALIMENTS** ni d'ustensiles, contenants et de bouteilles d'eau;
- ✓ d'éviter de manger dans les **AUTOBUS SCOLAIRES**.

Puisqu'il nous est impossible de garantir l'absence d'allergènes dans les aliments offerts dans le cadre de divers programmes et activités, nous tenons à rappeler aux parents dont les enfants souffrent d'allergies de prévoir des aliments sans allergène préparés à la maison s'ils choisissent de ne pas prendre part à ces programmes/activités. De plus, nous conseillons aux parents d'examiner tous les risques inhérents à l'utilisation de la cafétéria scolaire et aux fournisseurs alimentaires externes afin de prendre une décision éclairée.

Les élèves souffrant d'allergies alimentaires sévères sont invités à manger dans la zone qui leur est réservée dans la salle destinée aux repas. Avant de manger, ils devraient nettoyer avec des lingettes désinfectantes la surface où ils déposent leur repas et utiliser un napperon (les lingettes et les napperons sont fournis par les parents). Il est conseillé d'utiliser un contenant isotherme (thermos) pour les repas chauds afin d'éviter l'utilisation des micro-ondes.

Nous avons le souci constant d'offrir un environnement sécuritaire à tous nos élèves. Cependant, **nous ne pouvons garantir un environnement exempt d'allergènes dans notre école puisque l'absence absolue de tout allergène ne peut être contrôlée.** Si un élève se sent à risque en présence d'un possible allergène, il devrait immédiatement se diriger vers un lieu sûr et en aviser un adulte responsable.

Nous rappelons aux parents d'élèves souffrant d'allergies alimentaires qu'ils doivent en informer la direction de l'école et veiller à fournir des auto-injecteurs et de les remplacer avant la date de péremption.

Pour en savoir davantage, nous vous invitons à visiter le site Web d'Allergies Québec : [www.allergies-alimentaires.org](http://www.allergies-alimentaires.org)

Merci de nous aider à garder notre école un MILIEU SÉCURITAIRE.

**La direction d'école et la diététiste de la commission scolaire**

## **NOTICE TO ALL PARENTS**

**FOR THE SAFETY AND SECURITY OF ALL THE STUDENTS AT DALKEITH, PARENTS ARE REQUESTED TO OBSERVE THE FOLLOWING:**

- 1. Parents should be in the building only if they have IMMEDIATE BUSINESS to conduct at the office, otherwise they should not be on the school premises, other than on the first day of school.**
  - 2. Under no circumstance should parents be in the school yard when the students are present.**
  - 3. Smoking is forbidden by law within 10 meters of the school when it is occupied by students (including E cigs.).**
  - 4. If you transport your child(ren) to school, you must accompany and remain with them until 8:55 a.m.**
- 

### **IMPORTANT INFORMATION BELOW**

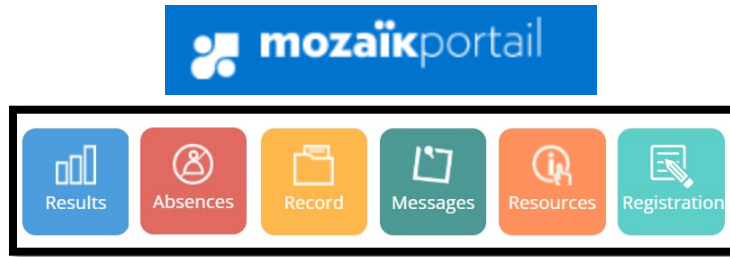
#### **No child without**

Our school is involved in the Canadian MedicAlert Foundation's *No child without* program. There is no cost for students who attend our school and are between the ages of 4 -14 to join MedicAlert through this program. If your child has a medical condition, allergy or is required to take medication on a regular basis, then you should consider this program. A child's MedicAlert I.D. can alert school staff, friends, coaches and others about your child's medical condition should an emergency occur.

For further information come to the office for a brochure or go to [www.nochildwithout.ca](http://www.nochildwithout.ca). To register your child you will need a **NO CHILD WITHOUT** brochure from the office.

If your child is already part of this program and there have been changes to their medical condition, medications or emergency contacts, call MedicAlert at 1-800-668-1507 to update file.





## Mozaïk Parent Portal

User-friendly tool to **stay connected with your child(ren)'s school.**

The English Montreal School Board (EMSB) currently uses the following features: **Absences, Registration, Report Cards and newly Transportation.**

## New to Mozaïk?

**STEP 1:** Create your account – *using the same email address provided to the school:*

<https://portailparents.ca/accueil/en/>

**STEP 2:** Link your child to your account – *with the following information:*

- School Board: **English-Montreal School Board**
- Child's Last Name – *exactly as registered, including accents, hyphens and spaces*
- Child's First Name – *exactly as registered, including accents, hyphens and spaces*
- Child's Date of Birth
- Child's Id. Number or Permanent Code (QPC) – ***You can find the QPC on child's certificate of English eligibility or report card***

*+Repeat for additional children*

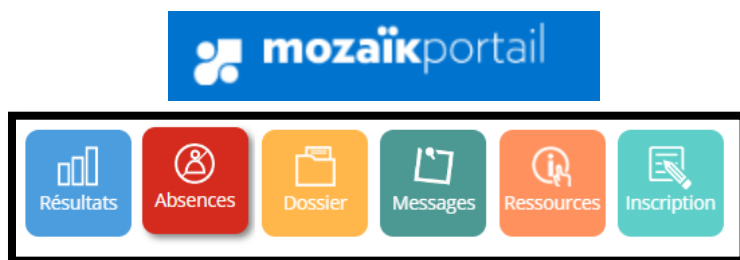
## Need help?

If you're having trouble logging in, or need help with any of the required info, contact your school's secretary or organization technician.

## Want step-by-step instructions?

Visit EMSB's Mozaïk page for the Mozaik Parent Portal login, a video tutorial and help guides: <https://www.emsb.qc.ca/emsb/community/parents/mozaik>





## Mozaïk-Portail Parent

Outil convivial pour **rester connecté à l'école de votre/vos enfant(s)**.

La Commission scolaire English-Montreal (CSEM) utilise actuellement les fonctionnalités suivantes:  
**Absences, Inscriptions, Bulletins scolaires et maintenant Transport.**

## Nouveau sur Mozaïk ?

**ÉTAPE 1** : Créez votre compte – en utilisant la même adresse courriel fournie à l'école :

<https://portailparents.ca/accueil/fr/>

**ÉTAPE 2** : Associez votre enfant à votre compte – en entrant les informations suivantes :

- Organisme scolaire : **English-Montreal School Board**
- Nom de l'enfant – *tel qu'enregistré, avec accents, tirets et espaces*
- Prénom de l'enfant – *tel qu'enregistré, avec accents, tirets et espaces*
- Date de naissance de l'enfant
- Numéro de fiche ou code permanent – **Le code permanent se trouve sur le certificat d'admissibilité à l'enseignement en anglais ou sur le bulletin scolaire de votre enfant**

+ Répétez pour les autres enfants

## Besoin d'aide ?

Si vous avez des difficultés à vous connecter ou si vous avez besoin d'aide avec les informations requises, contactez votre école.

## Instructions étape par étape

Consultez la page Mozaïk de la CSEM pour accéder au Portail Parents Mozaik, une vidéo explicative et un guide de référence : <https://www.emsb.qc.ca/fr-ca/csem/parents-et-communaute/parents/mozaik>



# THE MERENDA

Merenda Editions | September 2025

## The taste of saying HELLO!

A new school year is upon us, we hope your summer vacation has been relaxing and rewarding.

We are so happy to welcome our new schools and our existing ones and very grateful to have the privilege of serving your little ones.

For those of you who don't know us, Merenda is a company specialized in the conception and delivery of healthy meals for children since 1996. Our meals include the MAIN MEAL, raw vegetables and dessert, with or without a beverage. Each meal is prepared daily with fresh first quality ingredients.



## The taste of ordering online

**Service begins on:**

**MONDAY September 8th, 2025**

To place an order, you simply have to go on our website [traiteurmerenda.com](http://traiteurmerenda.com), create your account, add your child or children, and select your meals.

You can order at any time during the month, however, if you wish to have the option of **6 meal choices**, you must allow a delay of two working days. Therefore, if you are planning a meal on a particular day, the order must be placed **48 HOURS IN ADVANCE**.

### IMPORTANT

**You must have your CHILD'S GROUP\*\*\* on hand before ordering.**

## The taste of communicating

### MEAL CANCELLATIONS

We have the pleasure to announce that you can **CANCEL** your own meal at anytime during the month. Simply sign-into your account and choose the meal to cancel, a credit will automatically be added to your account. You have **until 7AM** the same morning.

### MEAL ONLY

You can order **ONLY** the main meal without the sides (drink, raw vegetables, dessert) when ordering meal option you will automatically benefit from a discount of 1\$.



**IMPORTANT**  
**Your meal cancellation can be done up to 7AM.**

### MEAL ADD-ONS: Last minute meals

You also have the option of ordering a last minute meal as late as 7AM. Simply log onto your account and place an order for same-day delivery.

Given the nature of this order there will only be **ONE MEAL** option.

### LATEST NEWS

Be sure to keep an eye out on our themed meals throughout the year.

\*\*\*Dalkeith Groups:  
Closed Class = CC  
PreK= K4  
Kdg = K5  
Grade 1-6

The Group = Grade Level

## The taste of serving you well!

Should you have any questions or comments please do not hesitate to contact our customer service team at **514-490-1235** or a quick email at [info@traiteurmerenda.com](mailto:info@traiteurmerenda.com). In anticipation of your inquiries and orders, we'd like to wish you all a fantastic school year.

**Team Merenda**  
*The taste of excellence!*

# LE MERENDA

Éditions Merenda | Septembre 2025

## Le goût de vous dire bonjour !

Une nouvelle année scolaire est à nos portes et nous espérons que vos vacances ont été relaxantes.

Nous profitons de l'occasion de souhaiter la bienvenue à nos nouvelles écoles et anciennes, nous sommes très reconnaissants d'avoir le privilège de servir vos petits trésors.

Pour ceux qui ne nous connaissent pas, nous sommes MERENDA, une entreprise existante depuis 1996 spécialisée dans la confection et la livraison de repas destinés aux enfants.

MERENDA s'engage à offrir à vos enfants un service de repas nutritifs avec des crudités, un plat principal et un dessert, avec breuvage ou sans breuvage. Chacun de ces repas est conçu chaque jour avec des ingrédients frais de première qualité.



## Le goût de commander !

### Début du service :

**Le lundi 8 septembre 2025**

Pour commander vous devez simplement aller sur notre site web [traiteurmerenda.com](http://traiteurmerenda.com), créer votre compte, ajouter votre enfant ou vos enfants et sélectionner vos repas.

Vous pouvez commander en tout temps dans le mois, cependant, si vous souhaitez avoir l'option de **6 CHOIX de repas** au menu, vous devez prévoir un délai de deux jours ouvrables. Donc, si vous voulez un repas lors d'une journée en particulier, **la commande doit se faire 48 heures à l'avance**, afin d'avoir l'option de 6 choix.

**IMPORTANT**  
Vous devez avoir le groupe de votre enfant en main **AVANT** de commander.

## Le goût de vous informer

### ANNULATION DE REPAS

Vous pouvez **ANNULER** votre repas à tout moment dans le mois. Retournez simplement sur votre compte et choisissez le repas à annuler. Un crédit sera automatiquement ajouté à votre compte.

**IMPORTANT**  
Votre annulation de repas peut se faire jusqu'à 7h du matin le jour même.

### REPAS SEULEMENT

Vous avez la possibilité de commander pour votre enfant le repas seulement sans les accompagnements (breuvage, crudités, dessert) avec un rabais de 1\$ par repas.



### AJOUT DE REPAS DE DERNIÈRE MINUTE

Vous avez la possibilité de commander un repas de dernière minute jusqu'à **7 h le matin même**. Connectez-vous simplement à votre compte et passez une commande pour une livraison le jour même.

Veillez noter que les commandes de dernière minute **NE COMPRENNENT PAS le breuvage, les crudités ni le dessert. Seul le repas sera livré à votre enfant.**

Étant donné de la nature de cette commande, il n'y aura qu'UNE SEULE option de repas.

### NOUVEAUTÉS

Assurez-vous de surveiller nos repas thématiques au cours de l'année.

## Le goût de bien vous servir !

Si vous avez des questions ou commentaires n'hésitez pas à nous contacter au **514-490-1235** ou par courriel à [info@traiteurmerenda.com](mailto:info@traiteurmerenda.com).

**L'équipe Merenda**  
Le goût de l'excellence