

<u>After-School Program – East Hill Elementary x CF Montréal</u>

Welcome Soccer Fans!

We're delighted to announce the launch of the CF Montréal after-school soccer program at your school. This is a unique opportunity for talented youngsters to hone their skills, have fun, and develop their passion for the sport.

Spaces are limited, so please register early at the following link:

https://app.amilia.com/store/en/eds/api/Activity/Detail?activityId=xpvjOE5

Grades: Elementary- 3rd and 4th grade

Day of Activity: Wednesdays

For questions or concerns please contact us at: <u>ecoles@cfmontreal.com</u>

<u>Dates- Fall Semester (10 Sessions):</u>

- Wednesday, October 1, 2025, 3:00 PM 4:00 PM
- Wednesday, October 8, 2025, 3:00 PM 4:00 PM
- Wednesday, October 15, 2025, 3:00 PM 4:00 PM
- Wednesday, October 22, 2025, 3:00 PM 4:00 PM
- Wednesday, October 29, 2025, 3:00 PM 4:00 PM
- Wednesday, November 5, 2025, 3:00 PM 4:00 PM
- Wednesday, November 12, 2025, 3:00 PM 4:00 PM
- Wednesday, November 19, 2025, 3:00 PM 4:00 PM
- Wednesday, November 26, 2025, 3:00 PM 4:00 PM
- Wednesday, December 3, 2025, 3:00 PM 4:00 PM

What to Bring:

- Sports shoes (no spikes)
- Sports clothing
- Water bottle
- Shin guards (recommended)