



Kindness

Kindness is something that everybody needs in the world. If everybody did something kind in the world, wouldn't it be a better place? It is important to "Try to be a rainbow in someone else's cloud".

This quote means a lot to me because it could help somebody that is having a hard time. Imagine you are the rainbow and some else is the cloud and you go and do something kind to the other person. Then she or he will be very happy as you and maybe create a rainbow for others. I remember when I had a neighbor he was very lonely. One time I invited him to my house and we had a barbecue party and we were very happy. We became good friends.

I chose this quote because it might change somebody's whole life. This will change somebody's whole life because one act of kindness or encouragement will make that person realize what they can really become in life. For example: if you tell someone they are good in math, maybe for you, it won't mean a lot, but for the other person they will believe in themselves. Even if it doesn't change somebody's whole life, it may change someone's day. Another example is if you say hi to someone or say please or thank you") that is simple things that you can do that are kind.

I will spread kindness by someone doing something nice to another person. Then he will want to do something nice to another person then it continues again and again. That's how I will spread kindness.

