



Happiness is  
the new rich!  
inner peace is the  
new success!

Health is the new  
Cool!

Kindness is the new  
Cool!



**Happiness is the new rich.  
Inner peace is the new success.  
Health is the new wealth.  
Kindness is the new cool.**

-Syed Balkhi

**RANDOM ACTS OF KINDNESS  
FOUNDATION™**

This quote means happiness is the new rich and richness is not happiness, inner peace also means peace of mind, health is more important than wealth and no act of kindness is ever wasted.

I chose this quote because I think it really tells the true definition of happiness, success, wealth and kindness.

You can spread kindness from saying hi to a stranger to supporting them through tough times. It's important to spread kindness because kindness is something that helps people when they are in tough situations and kindness brings peace.