

We are in this together and we will get through this together.

I chose this quote because it stood out to me. This quote reminds me of the pandemic and how we all feel. It's obvious that the pandemic drastically changed our lives and we need to show that enough is enough and that we can beat this thing together.

It is important to spread kindness because if someone is walking by and having a bad day and they pick up the rock, it might make them feel much better.

