



## A kind quote

*-if you want to make the world a better place, take a look at yourself then make that change-*

I chose this quote because it really says something to me. I know what Michael Jackson is saying about how YOU can make the world a better place. It means that you only need to control your own actions and with that you can make the world an amazing place. You really just “take a look at yourself, then make that change” into what you want the world to be.

It's important to spread kindness because you never know how it can change somebody's day or even life! This might seem like a small act of kindness, but it really isn't. You don't know how it can impact someone. Some people could be having a terrible day, but what if maybe they pick up this rock? It could really make a difference in their day !