



“Try to be a rainbow in someone else’s cloud.”

Maya Angelou

Kindness is being considerate of other people, thinking about people's feelings, and helping someone in need. Kindness makes the world a nice place full of love and makes people happier. If you give kindness to someone, it is a good act that will do good to your heart and to other people’s hearts.

Maya Angelou’s quote is meaningful to me. I think it means that when someone is sad or down. You can be that light that brightens the day and fills it with great happiness. For example: when you see that the person is sad you tell them that you will be there for them. You can give that person a hug, or you do a kind act, it makes them feel better and happy.

I chose this quote because it felt very emotional, I always try to be kind. I really think this quote is true because everyone needs a little bit of color in their life. Always try to make people smile and laugh because it is better than having them frown.

You can spread kindness by being kind, being there for the people who need you, and trying to always be the best version of you! Also, saying good things about people and being respectful to them is important. Kindness makes the world a better place, if everybody is kind to everyone.

“Se amable con todas las personas que te rodean por que un acto de amabilidad podemos cambiar el mundo y siempre se la mejor versión de ti mismo”

~●Hellen●~