

WESTMOUNT INDEPENDENT

Weekly Vol. 20 No. 10b

We are Westmount.

October 13, 2026

On Thanksgiving...

What were we grateful for this year in Westmount?

BY LAUREEN SWEENEY

On Thanksgiving this year, what were Westmounters thankful for?

In opening the council meeting October 6, Mayor Michael Stern reflected on the topic, saying: "First, I am grateful to live in Westmount, proud of our past but excited about our future."

"When I look at the people who call Westmount home, the councillors who serve them and the employees who work

for them every day, I have a great deal to be thankful for.

"Of course, gratitude doesn't mean complacency," he added. "There is always more we can do, more we can improve and more we can learn from the people we serve. But once in a while, it's important to stop looking only at what needs fixing and take a moment to appreciate what is working – and the people who make it work.

"Tonight, I simply want to say thank you."

He thanked his colleagues on council. "Thank you to our city team. And thank you to the citizens of Westmount for your engagement, your ideas, your patience – and, yes, even your criticism. It all comes from caring deeply about this extraordinary city we share. I certainly do."

**Remembering
former Westmounter
Sass Jordan, p.13**

Boxing's Hercules visits Westmount Park School



Seen here seated on the stage in the auditorium at Westmount Park School on October 2 with grade 5 and 6 students are, from left, school principal Marco Gagliardi, former Canadian boxing champ Hercules Kyvelos and his daughter Adonia. They are holding a victory belt that Kyvelos won, while she is holding a sample of gift certificates handed out to children following their presentation. See p. 15 for story.

PHOTO: MARTIN C. BARRY

Stern has to break tie just to get agenda approved

Mayor moves to abolish council tradition of 'general committee' meetings

BY LAUREEN SWEENEY

Is the city council on the verge of discontinuing its longstanding "general committee" of council, known and well known as the "GC" to many council meeting attendees.

The issue concerning its future came to light during the start of the public council meeting October 6 when Councillor Matt Aronson, Westmount's commissioner of

legal affairs, attempted to get confirmation that the business agenda for the meeting met the by-law requirements.

Under By-law 1336, section 4, all agendas for the public council meetings must be submitted to the general committee for approval.

The GC is a permanent committee made up of all the members of the council. It holds closed-door sessions where council

continued on p. 16

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Daughter Adonia making waves as an influencer

Westmount Park School welcomes former boxing champ Hercules Kyvelos

By MARTIN C. BARRY

As part of a career planning program, grades 5 and 6 students at Westmount Park elementary school welcomed 1996 Canadian Olympian and welterweight boxing champ Hercules Kyvelos on October 2.

Hercules, who was born and raised in Montreal's Park Extension neighbourhood, is retired from boxing and now makes a living as a personal trainer.

He was accompanied by his daughter, Adonia, 20, a social media influencer and Concordia University economics student.

Doughnuts on TikTok

She is the brand ambassador for Homers/Homies Donuts on Instagram and TikTok. She is now also beginning to represent other restaurants while studying economics at Concordia U.

Her father was introduced to boxing at age nine.

"I had a big mouth when I was a little kid," he told the students. "I walked into a gym and was excited to see they were holding a tournament that same weekend

when I first started. So, I wanted to fight."

Upon being told he was too young and inexperienced to compete against boxers who'd had at least several months of training, he insisted.

His trainer agreed on the condition he'd "throw in the towel" if the match became too uneven.

Early on: 'Most promising boxer'

As it turned out, Hercules not only managed to prevail in his first two bouts, but also went on to win a citation as the most promising boxer "and the rest is history," he said.

At age 21, he was competing at the Atlanta Olympics, and the following year he decided to box professionally.

As for his daughter, she insisted that since she started promoting the doughnuts brand on social media, she hasn't been able to go out in public without running into someone who's seen her in the videos.

One of the videos has garnered 1.5 million views. "I can't even walk my dog," said Adonia.

See p. 1 for photo.

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Mer. 28 oct., 18 h | Wed., Oct. 28, 6 p.m.



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Oncologue médical, CUSM
Medical oncologist, MUHC



Dr Tarek Hijal
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Dr William Foulkes
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18:00 – 18:30

Kiosques et collation légère
Kiosks and refreshments

18:30 – 20:30

Conférence et période de questions
Lecture + Q&A

Événement gratuit, hybride, et bilingue. Un lien Zoom sera envoyé par courriel.
A free, bilingual, hybrid event. A Zoom link will be emailed.



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