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STUDENTS HAVE BALL WITH LAVAL ROCKET PLAYERS

Laval Rocket centre Daniel Audette plays ball hockey with Grade 6 students at Gardenview Elementary School in St-Laurent on Monday. Audette was joined by teammates Charlie Lindgren, Michael McCarron and Xavier Ouellette, along with Roch Carrier, author of The Hockey Sweater, as part of the American Hockey League team's community outreach program. ALLEN MCINNIS

Rookie Kotkaniemi made best of rest

Healthy scratch in two road-trip games says it was good to have a 'little break'

It has been quite a journey so far for Jesperi Kotkaniemi since the Canadiens selected him with the No. 3 overall pick at last June's

No. 3 overall pick at last June's NHL Draft.

"I need to write a book about that," Kotkaniemi said with a smile after practice Monday in Brossard as the Canadiens prepared to face the Detroit Red Wings Tuesday night at the Bell Centre (7:30 p.m., TSN2, RID, STN 609 Radio). TSN2, RID, STN 609 Radio).

have been going pretty fast."
Canadiens coach Claude Julien
decided to slow things down for
the 18-year-old last week when
he made Kotkaniemi a healthy
scratch for back-to-back games scratch for back-to-back games in Los Angeles and San Jose. Kot-kaniemi returned to the lineup for Friday night's 8-2 loss to the Anaheim Ducks and was minus-3. Kotkaniemi has had an impressive rookie season with 1-21-32 totals in 67 games and a plus-4 rative. But-311 (a Chist 2004 beaus beau for the state of the st

ing. But all 11 of his goals have been scored at the Bell Centre and Ju-

"It's been a long ride this year," says Jesperi Kotkaniemi. "Things have been going pretty fast." ALLEN MCINNIS

ON THE TUBE

10 a.m. – SPFL Soccer: Kilmarnock at St. Mirren, SNWL.

Noon — Basketball: ACC Tournament (Teams TBA), TSN2.

1 p.m. — Cycling: Paris-Nice (Stage 3), SNI 2 p.m. — Tennis: BNP Paribas Open, TSN1. 2:30 p.m. — Basketball: ACC Tournament (Teams TBA), TSN2.
5 p.m. — Tennis: BNP Paribas Open,

RDS2.
7 p.m. — Hockey: Washington at Pittsburgh, Sn. TVA Sports.
7:30 p.m. — Hockey: Detroit at Mon-8 p.m. — Basketball: L.A. Lakers

Orleans, RDS2.
8:30 p.m. – Tennis: BNP Paribas
Open, TSNI, TSN4, TSN5.
10 p.m. – Hockey: Nashville at
Anaheim, SN.
10:30 p.m. – Basketball: Minnesota
at Denver, SN1, Tennis: BNP Paribas
Open, RDS2.

Schedule subject to change

to helm Tampa XFL team

Ilen decided to give the teenager a rest in California. Kotkaniemi has been going almost non-stop since last Junes draft, taking part in the Canadiens' evaluation camp, rook e camp and NHI. Booke Bowdown tournament, followed by training camp, preseason games and the regular season.

Think the coach knows what he's doing and I trust him," Kotkaniemi sidd. 'I think he just him,' Kotwalteni sidd. 'I think he just he dad coach/KM of the XFLs Tampa Bay franchise. For Trestman, it's a return to the state where he began list oxeding career in 1981 as a vortune to the state where he began his coaching career in 1981 as a vortune to the state where he began his coaching career in 1981 as a vortune to the state where he began his coaching career in 1981 as a vortune to the state where he began his coaching career in 1981 as a vortune to the state where he began his coaching career in 1981 as a vortune the state where he began his coaching career in 1981 as a vortune the state where he began his coaching career in 1981 as a vortune the state where he began his coaching career in 1981 as a vortune the state where he began his coaching career in 1981 as a vortune the state where he began his coaching career in 1981 as a vortune the state where he began his coaching career in 1981 as a vortune that the University admitted to the bar.

Infact, when KFL toommissioner lollow Lackapproached Trestman had soult joining the league, Trestman sidd using a well-travelled coaching the state of the state when two should be a vortune to shoot here. I know the first time Trestman had to the side when we have the state when the

a little break."
Did Kotkaniemi feel rested after the two-game break?
"Yeah, definitely," he said, before adding with a smille: "And a little bored."
When asked when was the last time he had a week off, Kotkaniemi smiled again and said." Probably the three-hour time difference was another learning experience was another learning experience was another learning experience was another learning experience for Kotkaniemi during his rookie NHL season.
"It was a little welrd the first few days." he said. "Now I'm strugging (with the time change) here. It's hard going to bed."

The Canadiens fell out of a playoffspot after going 1-2 on their particular to the said was provided to the said was p

prepared to spend more than USS500 million in the XPLS first three seasons. The XPL Originally operated for one season in 2001. It was a mix of wrestling and football with then-WWF personalties like Jesse Ventra, Jim Ross and Jerry Lawler and the Armond State of the Lawler and the Armond State of the Lawler and the Armond State of the Lawler and the

citing and they were always well thought out."
Trestman spent seven years in Canada, compiling a 72-54 regular-season record with Montale (2008-12) and Toronto (2017-18), the Alouette's post being Trestman's first as a head coach. He reached four Grey Cups, wing three, and his teams finished atop the East Division five times. His CFL tenure ended Nov. 3 following Toronto's season—end-following Toront

His CFL tenure ended Nov. 3 following Toronto's season-ending 24-9 loss in Ottawa. It wasn't the first time Trestman had been fired during a well-travelled coaching career that's spanned the CFL, NFL and NCAA. But his dismissal



came via 2 a.m. phone call hours

came via 2 a.m. phone call hours after the game.

"When you're in the football business, that's a business that if you get caught up in all the other stuff it just takes your heart out of it," Trestman said. "My heart's always going to be in it regardless." When the KFL Degins play, it will become the second spring league along with the Alliance of American Football. But Trestman doesn't see the two circuits as direct competitors.

"Well, here's how I look at it," said Trestman, 63, who underwent double-lip replacement in January and was walking without assistance after five days. "First of ali, it's being played in different areas. "The Alliance is playing in smaller markets, relatively speaking, compared to the XFL being in big market cities."

"The Milman that is a transfer of any league, his job remains the ame." It is possible as a troolbay in or the same.

a new league, ins joo remains assame.

"I use football as a toolbox to teach people how to be better leaders and teammates and in some cases fathers and husbands," he said. "That's what I do ... I'll coach anybody who's willing to be