



# BISTRO MENU AND PRICE LIST 2025-2026

### Dear Students and Parents,

The mission of Nutrition and Food Services is to promote health-enhancing attitudes and behaviours among our students by ensuring access to varied and nutritious foods needed to stay healthy and focused in school.

To encourage healthy eating, our bistros promote the consumption of nutrient dense foods by:

- Decreasing the availability of high sugar content foods
- Decreasing the availability of high fat content foods
- Preventing the accessibility to soft drinks, deep fried foods, chocolates and candies on school grounds
- Increasing the availability of high fiber content foods
- · Offering students balanced meals and snacks providing essential nutrients
- Providing informative materials on nutrition topics

Our menus are carefully developed by the school board dietitians with your children's nutrient needs and safety in mind. The bistros are supervised regularly by food technicians to ensure the safe and nutritious service of all meals.

Please find below the bistro price list as well as a copy of the menu for the beginning of 2025-2026 academic year.

## BISTRO PRICE LIST 2025-2026 -

### Meal Items

All items sold à la carte

Soup (and crackers)	\$1.50
Meal (with vegetable and starch)	\$4.50
Hefty Portion	\$6.00
Meal Card (10 meal deals* - \$57.50)	\$5.75
Grilled Panini, Take out Salad, Pizza in a Box, Calzone	\$6.00
Potato or Rice	\$1.00
Vegetable	\$0.75
Salad (vegetable), Crudités cup, Fresh Fruit Cup	\$1.00
Salad (rice, bean, pasta, couscous)	\$1.50
Sandwich, regular	\$3.25
Sandwich, gourmet/Ham and Cheese Croissant	\$4.50
Breakfast Sandwich	\$4.00
Bread Roll and Butter	\$1.00

#### Snacks Desserts

Bagel	\$1.50
Bagel (hot and buttered)	\$2.00
Bagel (hot) and Cheese	\$2.25
Cheese Portion	\$1.00
Cream Cheese	\$0.75
Cereal	\$1.50
Oatmeal Galette	\$1.75
Muffin	\$1.50
Fruit Bread	\$1.50
Hot Snack/Croissant and Cheese	\$3.25
Pizza Bagel	\$2.50
Parfait	\$1.75
Yogurt	\$1.00
Yogurt Smoothie	\$2.50
Breadsticks, Crackers, Melba	\$0.25
Margarine, Syrup, Dressing, Sauce	\$0.25
Disposable Utensils/Dishes	\$0.25

Fresh Fruit	\$0.75
Fruit Plate / Crudités plate	\$2.00
Fruit Cocktail, Fruit Jelly, Milk Pudding	\$1.25
Cookie	\$1.00
Ice Cream and Sorbet	\$2.00
Homemade Desserts	\$1.75

### Drinks



MEAL CARD Includes 10 meal deals for \$57.50

Entrée, Vegetable, Starch Soup or Dessert of the day\*, and Milk

> \*pudding, fruit jelly, fruit cocktail, fresh fruit, yogurt, I small oatmeal cookies or a muffin



### High School Bistro Menu

### September 3 to December 19, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Sept 1	Sept 2	Sept 3	Sept 4	Sept 5
Lunch Entree	HOLIDAY	No Service	Zesty Chicken Platter Seasoned Rice with Carrots	<b>Macaroni and Cheese</b> Broccoli	<b>Mexican Rice</b> Mixed Vegetables
Short Order	HOLIDAT	NO Service	<b>Cheeseburger</b> Salad	Chicken Souvlaki Pita Lettuce & Tomato	Three Cheese Pizza Salad
	September 8	September 9	September 10	September 11	September 12
Lunch Entree	<b>Cheese Tortellini</b> In Rosée Sauce Green Beans	Korean Sesame Beef Basmati Rice Broccoli	<b>Veggie Fritatta</b> Potato Wedges Garden Style Vegetables	Shepherd's Pie Gravy Mixed Vegetables	Meatballs in Sauce (Gravy) Seasoned Egg Noodles Mexican Vegetables
Short Order	<b>BBQ Grilled Chicken Sub</b> Salad	Santa Fe Veggie Burger Coleslaw	Hamburger Salad	<b>Vegetarian Quesadilia</b> Corn	<b>Vegetable Pizza</b> Mixed Green Salad
	September 15	September 16	September 17	September 18	September 19
Lunch Entree	Cheese Manicotti In Tomato Sauce Sunrise Vegetables	Chicken Fried Rice Cocktail Vegetables	Salisbury Steak with Gravy Mashed Potatoes Crinkled Carrots	Pasta alla Bolognese Garden Vegetables	Korean Sesame Beef Basmati Rice Broccoli
Short Order	<b>Fish &amp; Dip</b> Edamame Cabbage Salad	<b>Vegetarian Quesadilia</b> Corn	BBQ Grilled Chicken Sub Coleslaw	<b>Meatless Chili Wrap</b> Salad	Chicken Caesar Pizza Gourmet Salad
	September 22	September 23	September 24	September 25	September 26
Lunch Entree	Chickpea Butter Curry (Veg included in recipe)  Basmati Rice	Tomato Meatball Pasta (Beef) Cocktail vegetables	Macaroni and Cheese Broccoli	<b>BBQ Chicken Leg</b> Pilaf Rice Sunrise Vegetables	Parmigiana Meatloaf (Beef) Mashed Potatoes Garden Style Vegetables
Short Order	Multigrain Chicken Burger Lettuce and Tomato	<b>Chicken Caesar Wrap</b> Coleslaw	Pulled Turkey / Pork Sandwich Gourmet Salad	<b>Tandoori Tofu Burger</b> Gourmet Salad	Greek Pizza Three Cheese Pizza Gourmet Salad
	September 29	September 30	October 1	October 2	October 3
Lunch Entree	Zesty Chicken Platter Seasoned Rice with Carrots	Honey Garlic Chicken Meatballs Seasoned Egg Noodles	Cheese Tortellini In Rosée Sauce Cocktail Vegetables	<b>Lasagna (Beef)</b> Mixed Vegetables	<b>Chicken Souviaki Platter</b> With Tzatziki Pilaf Rice Peas & Carrots
	Pick of the Day Vegetables	Garden Style Vegetables			
Short Order	Cheeseburger Carrot Slaw	Garden Style Vegetables  Santa Fe Veggie Burger  Salad	<b>Beef and Cheese Panini</b> Salad	<b>Chicken Fajita with Salsa</b> Salad	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad
	Cheeseburger Carrot Slaw October 6	Santa Fe Veggie Burger Salad October 7	Salad October 8	Salad October 9	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10
	Cheeseburger Carrot Slaw	Santa Fe Veggie Burger Salad	Salad	Salad	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad
Order Lunch	Cheeseburger Carrot Slaw  October 6  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad	Santa Fe Veggie Burger Salad  October 7  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad	Salad  October 8  Chicken Pad Thai  Vegetable of the Day  BBQ Rib Burger  Carrots	Salad  October 9  Shepherd's Pie Gravy Crinkled Carrots  Vegetarian Quesadilla Salad	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10 Butter Chicken Basmati Rice Peas Mexican Pizza Three Cheese Pizza Mixed Green Salad
Lunch Entree Short Order	Cheeseburger Carrot Slaw  October 6  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken)	Santa Fe Veggie Burger Salad  October 7  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  October 14	Salad  October 8  Chicken Pad Thai  Vegetable of the Day  BBQ Rib Burger  Carrots  October 15	Salad  October 9  Shepherd's Pie Gravy Crinkled Carrots  Vegetarian Quesadilla Salad  October 16	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10 Butter Chicken Basmati Rice Peas Mexican Pizza Three Cheese Pizza Mixed Green Salad October 17
Order  Lunch Entree  Short	Cheeseburger Carrot Slaw  October 6  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  October 13	Santa Fe Veggie Burger Salad  October 7  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad	Salad  October 8  Chicken Pad Thai  Vegetable of the Day  BBQ Rib Burger  Carrots	Salad  October 9  Shepherd's Pie Gravy Crinkled Carrots  Vegetarian Quesadilla Salad	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10 Butter Chicken Basmati Rice Peas Mexican Pizza Three Cheese Pizza Mixed Green Salad
Lunch Entree Short Order	Cheeseburger Carrot Slaw  October 6  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad	Santa Fe Veggie Burger Salad  October 7  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  October 14  Macaroni and Cheese	Salad  October 8 Chicken Pad Thai Vegetable of the Day  BBQ Rib Burger Carrots  October 15 Chicken Pot Pie Seasoned Rice with Carrots	Salad  October 9  Shepherd's Pie Gravy Crinkled Carrots  Vegetarian Quesadilla Salad  October 16 Chicken Fried Rice	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10 Butter Chicken Basmati Rice Peas Mexican Pizza Three Cheese Pizza Mixed Green Salad October 17 Honey Garlic Chicken Meatballs Seasoned Egg Noodles
Lunch Entree Short Order Lunch Entree Short Short Short Entree	Cheeseburger Carrot Slaw  October 6  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  October 13	Santa Fe Veggie Burger Salad  October 7  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  October 14  Macaroni and Cheese Broccoli  Philly Steak Sub	Salad  October 8 Chicken Pad Thai Vegetable of the Day  BBQ Rib Burger Carrots  October 15 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger	Salad  October 9  Shepherd's Pie Gravy Crinkled Carrots  Vegetarian Quesadilla Salad  October 16  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  October 23	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10  Butter Chicken Basmati Rice Peas Mexican Pizza Three Cheese Pizza Mixed Green Salad October 17  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn Vegetable Pizza Three Cheese Pizza
Unch Entree  Short Order  Lunch Entree  Short Short Short Entree	Cheeseburger Carrot Slaw  October 6  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  October 13  THANKSGIVING HOLIDAY	Santa Fe Veggie Burger Salad  October 7  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  October 14  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad	Salad  October 8  Chicken Pad Thai Vegetable of the Day  BBQ Rib Burger Carrots  October 15  Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw	Salad  October 9 Shepherd's Pie Gravy Crinkled Carrots  Vegetarian Quesadilla Salad  October 16 Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad	Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad October 10  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad October 17  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad

	October 27	October 28	October 29	October 30	October 31 - Halloween
Lunch	Cheese Tortellini in Rosée Sauce	Tomato Meatball Pasta (Beef)	Zesty Chicken Platter	Lasagna (Beef)	Parmigiana Meatloaf (Beef)
Entree	Cocktail Vegetables	Peas & Carrots	Seasoned Rice with Carrots	Crinkled Carrots	Mashed Potatoes
2	countain regetables	reas a carrots	Pick of the Day Vegetables	crimica carrots	Garden Style Vegetables
			Fick of the Day Vegetables		Garden Style Vegetables
Short	Chicken Souvlaki Pita	Tandoori Tofu Burger	Cheeseburger	Santa Fe Veggie Burger	Western Chipotle Pizza
Order	Salad	Gourmet Salad	Carrot Slaw	Lettuce & Tomato	Three Cheese Pizza
Oraci	Salad	Godinict Salad	currot slaw	Ecttace & Tomato	Mixed Green Salad
	November 3	November 4	November 5	November 6	November 7
Lunch	Macaroni and Cheese	Chicken Pad Thai	Shepherd's Pie	Butter Chicken	Beef Stew Seasoned
Entree	Broccoli	Vegetable of the Day	Gravy	Basmati Rice	Egg Noodles
			Mixed Vegetables	Peas	Pot-au-Feu Vegetables
Short	BBQ Rib Burger	Chicken Chipotle Wrap	Vegetarian Quesadilla	Tuna Melt	Mexican Pizza
Order	Coleslaw	Salad	Corn Salad	Crudité & Dip	Three Cheese Pizza
				5.22.12 d. 2 ip	Mixed Green Salad
	November 10	November 11	November 12	November 13	November 14
Lorente					
Lunch	Cheese Manicotti In Tomato Sauce	Chicken Fried Rice	Salisbury Steak with Gravy	Pasta alla Bolognese	Korean Sesame Beef
Entree	Sunrise Vegetables	Cocktail Vegetables	Mashed Potatoes	Garden Vegetables	Basmati Rice
			Crinkled Carrots		Pick of the Day Vegetables
Ch	Fish o Fi	Manada 2 mil	PRO CALL AND A CALL	841	Thurs of
Short	Fish & Dip	Vegetarian Quesadilla	BBQ Grilled Chicken Sub	Meatless Chili Wrap	Three Cheese Pizza
Order	Edamame Cabbage Salad	Corn	Lettuce and Tomato	Salad	Gourmet Salad
	November 17	November 18	November 19	November 20	November 21
Lunch	Chickpea Butter Curry (Veg included in recipe)	Tomato Meatball Pasta (Beef)	Macaroni and Cheese	BBQ Chicken Leg	Parmigiana Meatloaf (Beef)
Entree	Basmati Rice	Cocktail Vegetables	Broccoli	Pilaf Rice	Mashed Potatoes
				Sunrise Vegetables	Garden Style Vegetables
Short	Multigrain Chicken Burger	Chicken Caesar Wrap	Pulled Turkey / Pork Sandwich	Tandoori Tofu Burger	Greek Pizza
Order	Lettuce and Tomato	Coleslaw	Gourmet Salad	Salad	Three Cheese Pizza
					Gourmet Salad
	November 24	November 25	November 26	November 27	November 28
Lunch	Zesty Chicken Platter	Honey Garlic Chicken Meatballs	Cheese Tortellini in Rosée Sauce	Lasagna (Beef)	Chicken Souviaki Platter With Tzatziki
Luncii	Zesty Chicken Flatter	Holley darlic chicken Meatballs	Cheese Tortellin in Nosee Sauce	_ · · · · · · · · · · · · · · · · · · ·	CHICKEH JOUVIAN FIALLET WILL IZALZINI
Entroo	Coaconad Rica with Carrots	Concorned Egg Needles	Cocktail Vogotables	Mixed Vegetables	Bilaf Rico
Entree	Seasoned Rice with Carrots	Seasoned Egg Noodles	Cocktail Vegetables	Mixed Vegetables	Pilaf Rice
Entree	Seasoned Rice with Carrots Pick of the Day Vegetables	Seasoned Egg Noodles Garden Style Vegetables	Cocktail Vegetables	Mixed Vegetables	Pilaf Rice Peas & Carrots
	Pick of the Day Vegetables	Garden Style Vegetables	-	-	Peas & Carrots
Short	Pick of the Day Vegetables  Cheeseburger	Garden Style Vegetables Santa Fe Veggie Burger	Beef and Cheese Panini	Chicken Fajita with Salsa	Peas & Carrots  Western Chipotle Pizza
	Pick of the Day Vegetables	Garden Style Vegetables	-	-	Peas & Carrots  Western Chipotle Pizza  Three Cheese Pizza
Short	Pick of the Day Vegetables  Cheeseburger  Carrot Slaw	Garden Style Vegetables  Santa Fe Veggie Burger  Salad	Beef and Cheese Panini Salad	Chicken Fajita with Salsa Salad	Peas & Carrots Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad
Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2	Beef and Cheese Panini Salad December 3	Chicken Fajita with Salsa Salad December 4	Peas & Carrots  Western Chipotle Pizza  Three Cheese Pizza  Mixed Green Salad  December 5
Short	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken)	Beef and Cheese Panini Salad  December 3 General Tao	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5 Butter Chicken
Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2	Beef and Cheese Panini Salad December 3	Chicken Fajita with Salsa Salad December 4	Peas & Carrots  Western Chipotle Pizza  Three Cheese Pizza  Mixed Green Salad  December 5
Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken)	Beef and Cheese Panini Salad  December 3 General Tao	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5 Butter Chicken
Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken)	Beef and Cheese Panini Salad  December 3  General Tao Seasoned Rice & Carrots	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice
Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken)	Beef and Cheese Panini Salad  December 3  General Tao Seasoned Rice & Carrots	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice
Short Order Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas
Short Order Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken)	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef)	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza
Short Order Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad
Short Order Lunch Entree Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12
Short Order Lunch Entree Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs
Short Order Lunch Entree Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles
Short Order  Lunch Entree  Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs
Short Order Lunch Entree Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles
Short Order  Lunch Entree  Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles
Short Order  Lunch Entree  Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn
Short Order  Lunch Entree  Short Order  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza
Short Order  Lunch Entree  Short Order  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad
Short Order  Lunch Entree  Short Order  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19
Short Order  Lunch Entree  Short Order  Lunch Entree  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15  Vegetarian Quiche	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16  Korean Sesame Beef	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17 Vegetarian Lasagna (with Soya)	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18  BBQ Chicken Leg	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19  Florentine Pasta (Beef)
Short Order  Lunch Entree  Short Order  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16  Korean Sesame Beef Basmati Rice	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18  BBQ Chicken Leg Pilaf Rice	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19
Short Order  Lunch Entree  Short Order  Lunch Entree  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15  Vegetarian Quiche	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16  Korean Sesame Beef	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17 Vegetarian Lasagna (with Soya)	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy  Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18  BBQ Chicken Leg	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19  Florentine Pasta (Beef)
Short Order  Lunch Entree  Short Order  Lunch Entree  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15  Vegetarian Quiche Pick of the Day Vegetables	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16  Korean Sesame Beef Basmati Rice Pick of the Day Vegetables	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17 Vegetarian Lasagna (with Soya) Garden Style Vegetables	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18  BBQ Chicken Leg Pilaf Rice Sunrise Vegetables	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19  Florentine Pasta (Beef) Crinkled Carrots
Short Order  Lunch Entree  Short Order  Lunch Entree  Short Order  Lunch Entree  Short Order	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15  Vegetarian Quiche Pick of the Day Vegetables  Multigrain Chicken Burger	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16  Korean Sesame Beef Basmati Rice Pick of the Day Vegetables  Chicken Sub	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17 Vegetarian Lasagna (with Soya) Garden Style Vegetables  Tex-Mex Turkey Burger	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18  BBQ Chicken Leg Pilaf Rice Sunrise Vegetables  Mixed Deli Sandwich	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19  Florentine Pasta (Beef) Crinkled Carrots
Short Order  Lunch Entree  Short Order  Lunch Entree  Lunch Entree	Pick of the Day Vegetables  Cheeseburger Carrot Slaw  December 1  Tomato & Cheese Macaroni Mixed Vegetables  Dumpling (Chicken) Edamame Cabbage Salad  December 8  Salisbury Steak with Gravy Mashed Potatoes Peas  Chicken Quesadilla with Salsa Salad  December 15  Vegetarian Quiche Pick of the Day Vegetables	Garden Style Vegetables  Santa Fe Veggie Burger Salad  December 2  Alfredo Ziti Al Forno (Chicken) Sunrise Vegetables  Taco Bowl (Beef) Corn Salad  December 9  Macaroni and Cheese Broccoli  Philly Steak Sub Mixed Green Salad  December 16  Korean Sesame Beef Basmati Rice Pick of the Day Vegetables	Beef and Cheese Panini Salad  December 3 General Tao Seasoned Rice & Carrots Vegetable of the Day  BBQ Rib Burger Carrots  December 10 Chicken Pot Pie Seasoned Rice with Carrots Mixed Vegetables  Hamburger Coleslaw  December 17 Vegetarian Lasagna (with Soya) Garden Style Vegetables	Chicken Fajita with Salsa Salad  December 4  Turkey Roast in Gravy Mashed Potatoes, Stuffing, Peas & Carrots Cranberry Sauce  Vegetarian Quesadilla Gourmet Salad  December 11  Chicken Fried Rice Edamame  Fish & Dip Edamame Cabbage Salad  December 18  BBQ Chicken Leg Pilaf Rice Sunrise Vegetables	Peas & Carrots  Western Chipotle Pizza Three Cheese Pizza Mixed Green Salad  December 5  Butter Chicken Basmati Rice Peas  Mexican Pizza Three Cheese Pizza Mixed Green Salad  December 12  Honey Garlic Chicken Meatballs Seasoned Egg Noodles Corn  Vegetable Pizza Three Cheese Pizza Gourmet Salad  December 19  Florentine Pasta (Beef) Crinkled Carrots

Although all due care is taken in the preparation of our meals, they may contain (traces of) allergens (peanuts, nuts, seeds, soy, milk, eggs, wheat, etc.)

Menu is subject to change according to season, special occasions and product availability.

\* TVP-Textured Vegetable Protein is a plant-based protein made from soybean flour