Science

Kitchen Garden: Grow from scraps

<u>Click here</u> to watch a PBS video on how to regrow vegetables from kitchen scraps. If using Explorer, copy the link.

Track the growth of your kitchen scraps:

- Record the growth daily by measuring the height of the sprout from the scraps.
- <u>Click here</u> for a daily log to see what conditions effect the growth rate. Print a copy or download it to be able to type on it directly.

Language

What do you see? A word game for one or more players.

- 1. Grab a piece of paper, a pen, and a timer.
- 2. Set the timer to 25 seconds. See how many words you can write down from things you see **out the**

window (spelling doesn't count!) How many did you get?
3. Set the timer again - can you beat your last score? Can
you beat someone else?

4. Try finding different *types* of words for the things you see. Example: Nouns – tree, wall, sidewalk, Adjectives – brown, smooth, dirty

<u>Theme of the Week:</u> Look out your window... It's Spring!

The possibilities for learning are endless when observing the seasons and exploring nature. Either look out your window or head outside to complete the activities on this page!

Audiobook of the <u>Week:</u> Harry Potter and The Philosopher's Stone

Spring Scavenger Hunt

Take a walk and use these fun scavenger hunts to explore nature. Use your phone to take picture and then create a pic-collage with the photos.

Click here for Scavenger Hunts: <u>Activity A</u>, <u>Activity B</u>

Fine & Gross Motor

Draw what you see out of your window! <u>Click here</u> for an explanation of the activity. <u>Here</u> is a website to help with drawing some images. Click on the following links for video tutorials: <u>Video 1 (beginner)</u>, <u>Video 2 (more challenging)</u>.

Yoga is a great way to practice mindfulness, connect with yourself and nature, and build skills, such as balance and strength. <u>Click here</u> for a yoga video.



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