# Songs & Instruments

Discover music from around the world. Click here to learn about the different types of music the world has to offer; classical, jazz, reggae, calypso country, soul...
How does the music sound, is it fast, is it slow, what instruments do you hear?

You can also learn some fun songs on the piano. Tap along to the songs here and follow the melody and rhythm.

# Don't Stop the Music

Music is an important part of our everyday life. It can help us express our feelings and emotions, relax and reflect as well as learn many other different skills. This week, bring out your inner musician and try out these fun activities!

**Link of the week:**
Click here to check out some of the most famous jazz musicians and their tracks.

# Health & Well-Being

During this time of the COVID-19 pandemic, many musicians have created songs to help us navigate through these unprecedented times. This week, listen/watch the links below with your children to help enforce ways to stay safe and healthy. Please watch the videos before showing them to your children. Enjoy!

Handwashing: Song 1
Social Distancing: Song 1 , Song 2
Self-control: Song 1. Song 2
Managing anxiety:  Song 1, Song 2

# Communication

The magic of music is undeniable! It can be used to excite, soothe, and be a powerful tool for communication. Many children are naturally inclined to love music which makes it a wonderful pathway for teaching. Through song, children can develop their vocabulary, literacy and social communication skills.

Click here for activities to target different communication goals using music!

# Fine & Gross Motor

Learn how to make your own instrument and make some music at home! Follow the instructions on how to make your own guitar and pan flute. Once they're made, you can make up your own songs or put on your favourite tune and play along to the music!

Get the wiggles out and develop your coordination skills by learning the routines and dancing along to these Zumba GoNoodle videos!

Level 1                     Level 2

## Week 8