



ÉCOLE FACE SCHOOL

3449 Rue University, Montréal, QC H3A 2A8, Tel: (514) 350-8899

<https://face.emsb.qc.ca/face>

Standards and Procedures

Subject :	Physical Education and Health
Teacher (s) :	Katie Annan
Grade:	10
School Year :	2025-2026

Term 1 (20%)

General Timeline: August 28th, 2025 – November 6th, 2025

Competencies evaluated:

- **Competency 1:** to perform movement skills in different physical activity settings.
- **Competency 3:** To adopt a healthy and active lifestyle

Cross Curricular Competencies: Exercises critical judgement

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
• <i>Peer/Self Evaluations</i> • <i>Assignments (in class and take home)</i> • <i>Quizzes</i> • <i>Observation</i> • <i>Participation</i>	• Competency 1: to perform movement skills in different physical activity settings. • Competency 3: To adopt a healthy and active lifestyle	Throughout the Term	Competency 1: 60% of term 1's 20% Competency 3: 40% of term 1's 20%

Term 2 (20%)



General Timeline: November 10th, 2025 – February 6th, 2026

Competencies evaluated:

- **Competency 2:** To interact with others in different physical activity settings.
- **Competency 3:** To adopt a healthy and active lifestyle

Cross Curricular Competencies: Exercises critical judgement

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation
• <i>Peer/Self Evaluations</i> • <i>Assignments (in class and take home)</i> • <i>Quizzes</i> • <i>Observation</i> • <i>Participation</i>	• Competency 2: To interact with others in different physical activity settings. • Competency 3: To adopt a healthy and active lifestyle	Throughout the Term	Competency 2: 60% of term 2's 20% Competency 3: 40% of term 2's 20%

Term 3 (60%)

General Timeline: February 9th, 2026 – June 22nd, 2026

Competencies evaluated:

- **Competency 1:** to perform movement skills in different physical activity settings.
- **Competency 2:** To interact with others in different physical activity settings.
- **Competency 3:** To adopt a healthy and active lifestyle

Cross Curricular Competencies: Exercises critical judgement

Evaluation Methods/Tools	Skill(s) Evaluated	Timeline or Frequency of Evaluations	Weight of Evaluation



• <i>Peer/Self Evaluations</i> • <i>Assignments (in class and take home)</i> • <i>Quizzes</i> • <i>Observation</i> • <i>Participation</i>	• Competency 1: to perform movement skills in different physical activity settings. • Competency 2: To interact with others in different physical activity settings • Competency 3: To adopt a healthy and active lifestyle	Throughout the Term	Competency 1: 40% of term 3's 60% Competency 2: 40% of term 3's 60% Competency 3: 20% of term 3's 60%
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Communication to Students and Parents:

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- Email: kannan@emsb.qc.ca

Formal communication will occur through term report cards and parent-teacher interviews. If you have any questions or concerns, please email me.

Materials/Routines/Other:

Materials/Routines/Other:

Hello!

I hope you and your family are doing well. In dance, we explore movement through many different styles and genre. Student participation and effort are essential to learning and will be evaluated throughout each term. In addition, attitudes and behaviours will also be reflected in the report card.

All students must come prepared to class with the appropriate clothing, footwear and water bottles. Information regarding changes to upcoming classes will be available to students on **GOOGLE CLASSROOM**.

I'm looking forwards to a great year!

Katie Annan