



LE MINI BISTRO

2026-2027





About Le Mini Bistro

Le Mini Bistro is an elementary school lunch service operated by the English Montreal School Board (EMSB), Nutrition and Food Services Division.

The service is overseen by EMSB Dietitians who ensure that meals are carefully planned to respect the EMSB Nutrition Policy and are prepared safely by our MAPAQ* Hygiene and Food Safety certified staff, before being delivered directly to your child's school.

Our culturally diverse meals can be conveniently ordered and paid for online. They can also be easily cancelled and rescheduled all online.

Allow us to make your lunch planning carefree. Order from Le Mini Bistro today!

*Ministère de l'Agriculture, des Pêcheries et de l'Alimentation

WHAT SETS US APART



Nutrition

EMSB Dietitians carefully craft the menu and oversee the meal preparations in our catering centers.



Flexibility

Order at your convenience.

Orders can be placed up to 3 days ahead for up to a 3 month period.

Flexible Cancellations

You may **cancel** your child's meal online, for any reasons up **until 7:00am of the day of.**



Environment

Meals are packaged in 100% recyclable and biodegradable products.



Commission scolaire English-Montréal
English Montreal School Board

Our menu

A minimum of
2 CHOICES
daily

a daily
VEGETARIAN
meal option

Our price
6.75\$*

**Price subject to change.*

Meal includes a **main entrée**, **starch** (when applicable), **vegetable**, **dessert** and **cutlery**.

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu #1	Cheese Tortellini in Rosée Sauce with Vegetables	Multigrain Chicken Nugget, Potatoes, Peas & Carrots	Cheeseburger with Potato Wedges & Carrot Slaw	Lasagna with Crinkled Carrots	Parmigiana Meatloaf with Mashed Potatoes and Vegetables
Menu #2	Chicken Souvlaki Platter with Vegetables	Tomato Meatball Pasta, Peas & Carrots	Zesty Chicken Platter, Seasoned Rice and Carrots	Citrus Herb Cod with Egg Noodles and Crinkled Carrots	Cheese Pizza Roll-Up with Salad
Menu #3 (vegetarian)		Tandoori Tofu Burger with Potato Wedges & Salad	Tomato and Cheese Macaroni, Vegetables	Santa Fe Veggie Burger with Potato Wedges and Salad	
Dessert	Banana Square	Yogurt Tube	Fruit Salad	Cocoa Oatmeal Cookie	Milk Pudding

Please note that while every effort is made to avoid cross-contamination, we cannot guarantee the absence of allergens such as peanuts, tree nuts, milk, eggs, wheat, soy, sesame, fish, or shellfish in our meals.

CONTACT US



[Our website](#)

514 483-7200, ext. 7360

leminibistro@emsb.qc.ca

