

Summer 2025



Free Summer Activities for Youth During the Day

Bibliothèque Saint-Henri

- ***Weekly activities in a full service library and a creative makers space***
- Get a free library card with your James Lyng High School agenda
- Location: 4707 Rue Notre-Dame Ouest
- Website: <https://montreal.ca/lieux/bibliotheque-saint-henri>

YMCA Point Saint-Charles

- ***Programs: Teenzone activities including use of gym***
- Location: 255 Av. Ash, Montréal, QC H3K 2R1
- Website: <https://www.ymcaquebec.org/en/find-a-y/pointe-saint-charles-ymca>

CRCS St-Zotique (Recreation, Cultural and Sports)

- ***Programs: activities throughout the day and summer camp***
- Location : 75 rue du Square-Sir-George-Étienne-Cartier, Montréal (QC), H4C 3A1
- Website: <https://crcsstzotique.ca/>

Desta Black Youth Network (Little Burgundy)

- ***Programs: offers employability services, education, entrepreneurship courses***
- Location: 1950 St-Antoine W. Montreal, QC, H3J 1A5
- Website: <https://destabyn.org/>

Share the Warmth (Pointe-Saint-Charles)

- ***Programs: Youth programs focusing on music, tutoring, cooking, and overall development to help children and teenagers succeed.***
- Location: 625 Fortune St, Montreal, Quebec H3K 2R9
- Website: www.sharethewarmth.ca

Dawson Boys and Girls Club (Verdun)

- ***Youth activities: Youth Council, Young Leaders, Lead Up, and Learn On***
- Location: 666 Rue Woodland, Verdun QC H4H 1V8
- Website: <https://www.bgcdawson.ca/en/programs/#youth>

Project 10 2LGBTQ+

- ***Teens (14-17) - Fridays from 4:00pm-6:00pm (drop in group for teens to socialize)***
- Young Adult (18-25) - Wednesdays from 5:00pm-7:00pm
- Gender Gear - Thursdays from 1:00pm - 3:00pm & 4:00pm - 6:00pm
- Website: <https://www.p10.qc.ca/>

Maison des Jeunes (MDJ) du Sud-Ouest

- ***Safe hangout spot for teens with mentoring and activities***
- Locations in Pointe-Saint-Charles and Ville-Émard
- Website: <https://www.mdjlagalerie.com/>

LOVE (Leave Out Violence) Quebec

- ***Youth leadership and media arts programs***
- Focus: Mental health, anti-violence, creative expression
- Website: <https://loveorganization.ca/qc-en/youth-zone/>

Toujours Ensemble

- ***Day programs with activities for Youth to participate in***
- Location: 4926 Rue de Verdun, Verdun, QC H4G 1N3
- Website: <https://toujoursensemble.org/>

Tyndale St-Georges Community Centre

- ***Programs: Fly Fridays activities, Youth Cooperative***
- Location: 753 Rue Des Seigneurs, Montreal, QC H3J 1Y2
- Website: https://tyndalestgeorges.com/children_youth.php

Youth In Motion (Little Burgundy)

- ***Youth centre, recreational, social and educational activities, sound workshops, studio recording***
- Location: 852 Saint-Martin Street, Le Sud-Ouest, Montréal, QC, H3J 1W7
- Website: <https://www.211qc.ca/en/organization/youth-in-motion-18764277>

NBS Studio (Côte-des-Neiges)

- ***An inclusive, safe space for young artists to grow their musical abilities and expand their knowledge of studio recording.***
- Location: 3220, Avenue Appleton, Côte des Neiges, Montréal
- Website: <https://www.nbsstudio.ca/about>

Art Hive at The Montreal Museum of Fine Arts

- ***Program: a creative studio with free art supplies and support***
- Hours: Wednesdays 3:00 - 5:00 and 6:00 - 8:00; Friday - Sunday 1:30 - 3:30
- Location:
- Website:

MAC (Musée d'art contemporain de Montréal)

- ***Free admission to art museum for youth 20 and under***
- Hours: 11-7 most days
- Location: Niveau Galerie, Pl. Ville-Marie Local 11220 (Metro Ville Marie)
- Website: <https://macm.org/>

Health and Mental Health

Head & Hands / À Deux Mains

- ***Offers Mental Health resources, offers counselling, youth clinics, drop-in programs***
- Location: NDG (3465 Av. Benny, Montréal, QC H4B 2R9)
- Website: headandhands.ca

Aire Ouverte

- ***Offers free confidential services by professionals for youth and families and helps connect you with services relating to personal, family or relationship, sexual and mental health***
- Call or text: 438-832-2270
- Website: aireouverte.cssmtl@ssss.gouv.qc.ca

Job Search

Municipal Jobs

Carrefour jeunesse-emploi du Sud-Ouest (CJESO)

- **Services:** Help with job search, CVs, mock interviews, summer jobs
- **Website:** cjeso.org

Quebec Job Bank

JeunesExplorateurs

- Offers volunteer opportunities and career exploration
- **Website:** jeunes-explorateurs.org

Canadian Job Bank

Programme Emplois d'été Canada

- Summer job placements for youth aged 15–30
- **Apply via:** Job Bank - Youth

Free Cultural Events around the City

Music & Performing Arts

Festival International de Jazz de Montréal

- **Dates:** June 26 – July 5, 2025
- **Location:** Quartier des Spectacles
- **Highlights:** Over 350 free shows!
- **Website:** <https://montrealjazzfest.com/>

Festival International Nuits d'Afrique

- **Dates:** Mid to late July 2025
- **Location:** Various venues across Montreal
- **Highlights:** Free world music concerts celebrating African, Caribbean, and Latin American cultures.
- **Website:** <https://www.festivalnuitsdafrique.com/en/>

Montréal Complètement Cirque

- **Dates:** July 3 – 13, 2025
- **Location:** Citywide, including Quartier des Spectacles and other neighborhoods
- **Highlights:** Free outdoor circus performances showcasing acrobatics, street art, and contemporary circus acts.
- **Website:** <https://montrealcompletementcirque.com/>

Community & Cultural Celebrations

Montreal Pride (Fierté Montréal)

- **Dates:** July 31 – August 10, 2025
- **Location:** The Village and downtown Montreal
- **Highlights:** Free events including parades, concerts, and the Drag Superstars all-star show.
- **Website:** <https://fiertemontreal.com/en>

International First Peoples' Festival

- **Dates:** Early August 2025
- **Location:** Various venues across Montreal
- **Highlights:** Free events showcasing Indigenous culture, including music, film, and art from Canada and around the world.
- **Website:** <https://presenceautochtone.ca/en/>

Cinema Sous Les Etoiles

- Free movies and documentaries
- **Dates:** Various throughout July & August
- **Location:** Various
- **Website:** <https://cinemasouslesetoiles.org/>

Ville de Montreal

- Many free events!
- Arts and Culture: <https://montreal.ca/en/arts-and-culture-calendar>
- Exhibitions: <https://montreal.ca/en/exhibitions-calendar>
- Sports and Recreation: <https://montreal.ca/en/sports-and-recreation-calendar>
- Public Participation: <https://montreal.ca/en/public-participation-calendar>
- Neighborhood Life : <https://montreal.ca/en/neighbourhood-life-calendar>