



## Horizontal Planning/Standards and Procedures

MYP Year: 4

Course Code and Title: **Physical Education and Health Sec 4**

Course description: **Phys. Ed course with an emphasis on individual, team and health components.**

Class resources: **Materials provided for health class.**

| MYP course Aims                                                            | MEES course objectives                                                            |
|----------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| <b><i>Participate effectively in a variety of contexts</i></b>             | <b><i>To perform movement skills in different physical activity settings.</i></b> |
| <b><i>Collaborate and communicate effectively</i></b>                      | <b><i>Interacts with others in different physical activity settings.</i></b>      |
| <b><i>Build positive relationships and show social responsibility.</i></b> | <b><i>Adopts a healthy, active, lifestyle.</i></b>                                |

Term 1 20% of School Course Grade

Timeline: To be completed by Nov. 6

| IBMYP Key concept(s) | IBMYP Related concept(s)               | MYP assessment criteria/objectives                                   | MEES competencies targeted and weighting                        | Content/topics/ skills                                 | Evaluation tasks /Evidence of student's understanding        |
|----------------------|----------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------|
| <b>Change</b>        | <b>Balance<br/>Choice<br/>Function</b> | <b>A-Knowledge<br/>B-Planning<br/>C-Performance<br/>D Reflection</b> | <b>Competency 1: Practices physical activities individually</b> | <b>Fitness (Cardiovascular strength and endurance)</b> | <b>Skills testing<br/>- Knowledge<br/>- Movement Project</b> |

| Communication to students and parents:                       | Materials required             |
|--------------------------------------------------------------|--------------------------------|
| <b>Email or parent teacher communication form as needed.</b> | <b>Proper phys. ed uniform</b> |

Term 2 20% of School Course Grade

Timeline: To be completed by Feb. 6

| IBMYP Key concept(s) | IBMYP Related concept(s)                 | MYP assessment criteria/objectives                                          | MEES competencies targeted and weighting                                      | Content/topics/ skills                                               | Evaluation tasks /Evidence of student's understanding |
|----------------------|------------------------------------------|-----------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------|-------------------------------------------------------|
| <b>Relationships</b> | <b>Interaction<br/>Space<br/>Systems</b> | <b><i>A-Knowledge<br/>B-Planning<br/>C-Performance<br/>D Reflection</i></b> | <b><i>Competency 2: Practices physical activities with other students</i></b> | <b><i>-Badminton (Serving, hitting, team play, written test)</i></b> | <b><i>Skills testing<br/>-Knowledge test</i></b>      |

|                                                                     |                                       |
|---------------------------------------------------------------------|---------------------------------------|
| Communication to students and parents:                              | Materials required                    |
| <b><i>Email or parent teacher communication form as needed.</i></b> | <b><i>Proper phys. ed uniform</i></b> |

Term 3 60% of School Course Grade

Timeline: To be completed by June. 17

| IBMYP Key concept(s) | IBMYP Related concept(s)                        | MYP assessment criteria/objectives                                          | MEES competencies targeted and weighting                                                                   | Content/topics/ skills                                                                               | Evaluation tasks /Evidence of student's understanding |
|----------------------|-------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| <b>Communication</b> | <b>Interaction<br/>Environment<br/>Movement</b> | <b><i>A-Knowledge<br/>B-Planning<br/>C-Performance<br/>D Reflection</i></b> | <b><i>Competency 1:Practices physical activities individually<br/>Competency 2: Practices physical</i></b> | <b><i>-Pool (Strokes, Diving, Treading water)<br/>-Volleyball ( Serving, Hitting, Team play)</i></b> | <b><i>Skills testing<br/>-Knowledge test</i></b>      |

|  |  |  |                                                                                                                |                                                      |  |
|--|--|--|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------|--|
|  |  |  | <b>activities with other students</b><br><b>Competency 3: Takes steps to adopt a healthy, active lifestyle</b> | <b>-Health components (Reflecting on fitness and</b> |  |
|--|--|--|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------|--|

|                                                                     |                                       |
|---------------------------------------------------------------------|---------------------------------------|
| Communication to students and parents:                              | Materials required                    |
| <b><i>Email or parent teacher communication form as needed.</i></b> | <b><i>Proper phys. ed uniform</i></b> |

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| Additional Information/Specifications                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  |
| <p>This course has a school-wide final exam.</p> <p><input checked="" type="checkbox"/> This course does not have a final exam. The final course grade comes entirely from the school course grade.</p> <p><input type="checkbox"/> This course has a final exam administered by the English Montreal School Board. The final course grade is determined by taking 70% of the school course grade and 30% of the school board exam.</p> <p><input type="checkbox"/> This course has a final exam administered by the <i>Ministère de l'Éducation et de l'Enseignement Supérieur</i> (MEES). The final course grade is determined by taking 50% of the school course grade and 50% of the MEES exam. Please note that the final course grade is subject to MEEs moderation.</p> |  |