



COURSE STANDARDS AND PROCEDURES

COURSE: Physical Education Sec. 1

MYP AIMS ADDRESSED BY THE COURSE: What are the aims/objectives of the course? How do these relate to the MEQ competencies?

MYP Course Aims	MEQ Course Objectives
Understands the value of physical activity	<i>To perform movement skills in different physical activity settings.</i>
Collaborate and communicate effectively	<i>Interacts with others in different physical activity settings</i>
Reflect on their learning experiences	Adopts a healthy, active lifestyle

APPROACHES TO LEARNING: Which ATLs will be addressed in the course and how? How will the content be delivered to the students?

Social skills, Self Management Skills, Thinking Skills and Communication Skills will be addressed.

Students will work with other people when playing team sports, they will stay focused when the team is under pressure, they need to reflect and figure out what move to do next. Students must communicate with their team members.

IB MYP LEARNER PROFILE ATTRIBUTES: Identify which profile attributes will be addressed in the course and how.

Thinkers, Risk-Takers, Communicators, Reflective, Knowledgeable and Inquirers

FORMATIVE & SUMMATIVE ASSESSMENT INCLUDING MYP ASSESSMENT:

IBMYP course objectives	Examples of assessment/feedback both formative and/or summative.	Term evaluated
Change	<i>Fitness (Cardiovascular strength and endurance)</i> <i>Skills testing</i> <i>- Knowledge</i> <i>- Movement Project</i>	1
Relationships	<i>Basketball/Tchoukball</i> <i>Skill and Knowledge Tests</i>	2
Communication	<i>Volleyball, Handball, Pool</i> <i>Skill and Knowledge Tests</i>	3

