

Mandatory Content Planning Table for School Governing Board Approval – Leonardo da Vinci Academy

Academic and Career Guidance Content, Content for the Development of Personal and Social Competencies and Content in Sexuality Education

Pursuant to the third paragraph of section 461 of the Education Act (EA) and section 32 of the Act Respecting Private Education (ARPE), in the general areas of training it establishes, the Minister has prescribed activities or content that must be integrated into the educational services offered to elementary and secondary students:¹

- mandatory content in **Academic and Career Guidance Content (ACGC)** for the 3rd cycle of primary school as well as for the 1st and 2nd cycles of secondary school;
- mandatory **Content for the Development of Personal and Social Competencies** for all cycles of primary and secondary education. Preschool content is also available, but not mandatory;
- mandatory **Content in Sexuality Education** for 2nd, 3rd and 4th year students, this content is complementary to the Culture and Citizenship in Quebec (CCQ) study program in which most notions of sexuality education have been integrated. For students who are not taught the CCQ subject, Content in Sexuality Education must be planned and offered. Preschool content is also available, but not mandatory.

The management, with the collaboration of school staff, including teaching staff, develops a plan for each mandatory content² under section 89 of the EA. This planning aims to:

- ensure that all prescribed content is offered;
- determine the people responsible for offering content;
- ensure consistency and continuity of learning;
 - promote the integration of actions into school practices.

The governing board is responsible for approving the planning proposed by the school administration (EA, art. 85). It must approve the terms and conditions for the implementation of mandatory content, based on the planned obligations. It is recommended to obtain this approval at the beginning of each school year and to make a report at the end of the year. It should be noted that the planning of the teaching of programs of study, including the ***Culture and Citizenship in Quebec*** program, does not require approval by the governing board.

Details in the table: some content is prescribed for a specific teaching year, while others are prescribed for a cycle. Where content is prescribed for a cycle, the choice of the year in which it will be taught within that cycle is at the discretion of the educational institution. Thus, the educational institution can enter content only in the blank cells of the table. When a box is grayed out for a given content, it means that it cannot be scheduled at that time. The precision elements in the blank boxes of the template are only examples and can be adjusted as needed.

¹ The guidelines for mandatory content and activities are published each year in the [annual instruction of the Minister of Education](#).

² Other documents and templates for the planning of mandatory contents are available: Planning and monitoring of mandatory contents in primary school, Planning and monitoring of mandatory contents in secondary school and Summary table of mandatory contents.

MANDATORY CONTENT PLANNING TABLE FOR SCHOOL GOVERNING BOARD APPROVAL – ELEMENTARY

CONTENTS	PRESCHOOL (CONTENT AVAILABLE, NOT MANDATORY)	GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5	GRADE 6
ACADEMIC AND CAREER GUIDANCE CONTENT (ACGC)							
FIELDS OF INTEREST AND SKILLS Produce a self-description in terms of interests and abilities						Offered by: French teacher When: September- October Subject- CCQ Estimated time: 3-4 Periods “Tout Sur Moi” Mon Auto-Portrait	Offered by: French teacher When: February- March Subject- CCQ Estimated time: 3-4 Periods Mon Blazon
SOCIAL INFLUENCE Select examples where their attitudes, behaviors or values are influenced by others, and examples where the student influence others						Offered by: CCQ teacher When: September Subject: Culture and Citizenship in Quebec (Competency: Reflects critically on cultural realities.) Estimated time: 3-4 Periods Les Valeurs Offered by: behaviour techs When: February Subject- Cross Curricular Estimated time: 1 week LDVA Antbullying Week: Unstoppable	Offered by: CCQ teacher When: September Subject: Culture and Citizenship in Quebec (Competency: Reflects critically on cultural realities.) Estimated time: 3-4 Periods Les Valeurs Offered by: behaviour techs When: February Subject- Cross Curricular Estimated time: 1 week LDVA Antbullying Week: Unstoppable

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CONTENTS	PRESCHOOL (CONTENT AVAILABLE, NOT MANDATORY)	GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5	GRADE 6
<p>STUDENT DUTIES AND WORK METHODS Compare the work methods and duties of a student with those observed in the world of work</p>						<p>To be covered in Grade 6</p>	<p>Offered by: ELA Teachers When: April Subject- ELA Estimated time:4-5 periods</p> <p>Oral Presentation on possible careers for themselves</p> <p>Offered by: ELA Teachers and REISA When: April Subject- ELA Estimated time:2 periods Career Panel with various presenters</p>
<p>STRENGTHS IN THE PROCESS OF TRANSITION Select various personal characteristics that will be useful in preparing for the transition from elementary school to secondary school</p>						<p>Offered by: Police Officers When: May-June Subject- Cros curricular Estimated time: 1 period Safety Online</p>	<p>Offered by: ELA and Life Coach When: June Subject: ELA Estimated time:2 Periods Transition to High School and Vision Board Workshops</p> <p>Offered by: Police Officers When: May-June Subject- Cros curricular Estimated time: 1 period Transition to High School and safety online</p>

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CONTENTS	PRESCHOOL (CONTENT AVAILABLE, NOT MANDATORY)	GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5	GRADE 6
<p>CHARACTERISTICS OF SECONDARY SCHOOL Compare the main differences and similarities between elementary school and secondary school</p>						<p>To be covered in Grade 6</p>	<p>Offered by: ELA and Soutien en Classe When: October-May Subject: ELA Estimated time: ongoing Locking your lock workshop Study Habits Workshop</p>
<p>OCCUPATION OF THE PEOPLE IN THEIR COMMUNITY Develop a description of the occupations of people in their community</p>						<p>To be covered in Grade 6</p>	<p>Offered by: ELA Teachers and REISA When: April Subject- ELA Estimated time: 2 periods Career Panel with various presenters</p>

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CONTENT FOR THE DEVELOPMENT OF PERSONAL AND SOCIAL COMPETENCIES							
<p>1. Recognize their emotions, manage frustration properly and control motor impulses</p>	<p>Offered by: PDCIA When: January - June Estimated time: 45 min Suggested lesson: Me, You, Us: Lesson 2 - Measuring the Intensity of Our Feelings: The Emotion Thermometer</p> <p>Offered by: ELA and FSL Teachers and Behavioral Management Specialist When: April Subject- Cros curricular Estimated time: ongoing Mood Meter and Workshops</p> <p>Offered by: ELA and FSL Teachers When: Feb-June Subject- Cross Curricular Estimated time: ongoing Unit on Feelings/Emtions Role Playing and use of book " My Mouth is like a</p>						

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	Volcano” and “Ninja Feelings”						
2. Be familiar with the different ways of showing respect when interacting with others and with their environment	<p>Offered by: PDCIA When: Sept – December Estimated time: 30min Suggested lesson: A Little Respectful SPOT Story and Activity</p> <p>Offered by: ELA, and FSL Teachers and Fearlessly Kind Workshops When: February Subject- ELA and FSL Estimated time:1 period Kindness Workshops Role Play</p>						

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<p>3. Understand that their actions and words can affect others</p>	<p>Offered by: PDCIA When: January - June Estimated time: 45 min Suggested lesson: Words that Hurt and Words that Heal</p> <p>Offered by: ELA, and FSL Teachers and Fearlessly Kind Workshops When: February Subject- ELA and FSL Estimated time: 1 period Kindness Workshops “Hands are Not for Hitting” “Monster Feelings Books” “Little Spot of feelings books”</p> <p>Social games in small groups with cards that show how our actions affect others</p>						

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<p>4. Apply various strategies to resolve conflicts</p>	<p>Offered by: PDCIA When: January - June Estimated time: 45 min Suggested lesson: Me,You, Us_Lesson 12: Conflict Resolution: Resolution Notes and Connect Tools</p> <p>Offered by: ELA, and FSL Teachers When: ongoing Subject- ELA and FSL Estimated time: ongoing Social Emotional Kit (books, guides, hands-on, pop up books)</p> <p>Toolkit of strategies they can use and improv cards</p>						

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5. Recognize the importance of friends		<p>Offered by: PDCIA When: January – June Estimated time: 45 min Suggested lesson:</p> <p>NOVEMBER 2025 (VL) SELF-CARE AND RELATIONSHIPS</p> <p>Offered by: ELA Teachers When: October Subject- ELA and CCQ Estimated time: 2 periods “Squirrels who Squabbled” book with role play and conflict resolution</p>	Offered in Grade 1 – Consolidate Learning with Essential Practices				

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<p>6. Be familiar with ways to increase self-confidence within a group</p>		<p>Offered by: PDCIA When: January – June Estimated time: 45 min Suggested lesson: Me, You, Us Lesson 8: Getting to Know Each Other, Part 2</p> <p>JANUARY 2026 (Vince Lacroce) TEAMBUILDING PROGRAM</p>	<p>Offered in Grade 1 – Consolidate Learning with Essential Practices</p>				

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<p>7. Understand the importance of applying the rules of conduct in the environments, and the consequences for themselves and for others if these rules are not followed</p>		<p>Offered by: PDCIA and Tech Teacher When: October -March Estimated time: 30 min Pause and Think Online: How can we be safe, responsible, and respectful online?</p> <p>Offered by: Schoolwide When: October- June 2026 Subject- Cross Curricular Grade of the Week</p>	<p>Offered in Grade 1</p>				

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8. Display an openness to others		Recommended for Grade 2	<p>FEBRUARY 2026 (VL) BLACK HISTORY MONTH <i>RUBY BRIDGES OR THE SKIN I AM IN</i></p> <p>Offered by: All teachers and behaviour techs When: February Subject- Cross Curricular Estimated time: 1 week</p> <p>LDVA Antibullying Week: Unstoppable</p> <p>Offered by: ELA teacher When: February Subject- CCQ Estimated time: 3 periods</p> <p>“Lion Dancer- Ernie Wan’s Chinese New Year”</p>				

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<p>9. Develop the skills to express themselves and be clearly understood</p>		<p>Recommended for Grade 2</p>	<p>Offered by: PDCIA When: January - June Estimated time: Three 45-min sessions Suggested lesson: Me, You, Us: Feelings, Needs, Requests</p> <p>NOVEMBER 2025 (VL) SELF-CARE AND RELATIONSHIPS</p> <p>Offered by: ELA teachers and PDCIA When: February-June Subject- CCQ Estimated time:3-4 periods</p> <p>“In My Heart” discussing feelings and emotions</p>				

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<p>10. Recognize emotions, their intensity and how they influence behaviours</p>				<p>Offered by: PDCIA When: January – June Estimated time: Three 45-min lessons Suggested lesson: Me, You, Us Feelings Lessons (2, 3, 4)</p> <p>IN MY HEART BOOK OF FEELINGS</p> <p>Offered by: ELA and FSL Teachers and Behavioral Management Specialist When: April Subject- Cros curricular Estimated time: ongoing Mood Meter and Workshops</p>	<p>Offered by: ELA and FSL Teachers and Behavioral Management Specialist When: April Subject- Cros curricular Estimated time: ongoing Mood Meter and Workshops</p>		

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<p>11. Develop their conflict resolution skills</p>				<p>Offered by: PDCIA When: September - December Estimated time: 30 min Suggested lesson: Common Sense Media Resolving Conflicts Online: How can we resolve conflicts when they happen online? <u>JANUARY 2026</u></p> <p>Offered by: Cindy Mendes Behavioral management Specialist When: January-February Subject- Cros curricular Estimated time: 1 period Empathy Workshops</p>	<p>Offered by: Comedy for Kids- Jeff Schouela When: February Subject- Cros curricular Estimated time: 1 period Comedy and Conflict Resolution Workshop</p>		

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<p>12. Understand the importance of having interpersonal relationships and developing harmonious relationships</p>						<p>Recommended for Grade 6</p>	<p>Offered by: PDCIA When: January - June Estimated time: Two 45-minute sessions Suggested lesson: Kids in the Know Lesson 4: Healthy Relationships and Lesson 5: Healthy vs Unhealthy Boundaries</p> <p><u>OCT 2025</u></p>
<p>CONTENT IN SEXUALITY EDUCATION</p>							
<p>SEXUAL GROWTH AND BODY IMAGE</p> <ul style="list-style-type: none"> ▪ Identify the parts of the body. ▪ Give examples of what you can express and feel with your body. 	<p>Offered by: ESL and FSL Teachers When: Nov-December Subject- Cros curricular Estimated time: 4 periods “Best Part of Me” Expressing needs and feelings</p> <p>Offered by: ESL and FSL Teachers When: April-May Subject- Cros curricular Estimated time: 4 periods Emotions and Body Parts</p>						

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<p>PREGNANCY AND BIRTH</p> <ul style="list-style-type: none"> ▪ Explain the steps involved in making a baby. ▪ Name ways of welcoming a baby into a family. 	<p>Offered by: ESL and FSL Teachers When: May-June Subject- Cros curricular Estimated time: 4 periods Ways of Welcoming a baby into the family Kids in the Know Tool Kit</p>						

**Mandatory content in sexuality education for students to whom the
subject *Culture and Citizenship in Quebec* is not taught – Leonardo da Vinci Academy- ALL Students receive CCQ**

As set out in the <https://www.education.gouv.qc.ca/references/tx-solrtypercherchepublicationtx-solrpublicationnouveau/resultats-de-la-recherche/detail/article/la-formation-generale-des-jeunes-instruction-annuelle/> annual instruction of the Minister of Education, mandatory content, sexuality education must still be offered to students who are not taught *Culture and Citizenship in Quebec*. This situation concerns students with moderate to severe or profound intellectual disabilities and students who are offered services d'accueil et de soutien à l'apprentissage du français (SASAF). It is up to the school staff to choose the pedagogical intervention methods according to the needs and abilities of the students as well as the established content in sexuality education.

MANDATORY CONTENT PLANNING TABLE AT THE ELEMENTARY FOR GOVERNING BOARD APPROVAL		
GROUP OF STUDENTS	MANDATORY CONTENTS	PLANNING
Ex.: students who receive SASAF		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:

MANDATORY CONTENT PLANNING TABLE AT THE ELEMENTARY FOR GOVERNING BOARD APPROVAL

GROUP OF STUDENTS	MANDATORY CONTENTS	PLANNING
		<ul style="list-style-type: none"> ▪ Offered by: ▪ When: ▪ Estimated time:

25-107-12