



**STANDARDS & PROCEDURES
WORKSHEET**

Department or Subject:	Physical Education and Health
Teacher(s):	Mr. Pietroniro, M. Gaudette, Ms. Chelsea
School Year:	2025-2026

Term 1 (20%)

<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Projects, Tests)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
- To interact with others in different physical activity settings	Observation of the student's ability to perform in various cooperative and competitive team activities. Online Eval. (if necessary)	Throughout the term

Term 2 (20%)

<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Projects, Tests)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
- To perform movement skills in different physical activity settings - To adopt a healthy, active lifestyle	Observation of the student's technical performance in various individual activities. Student effort, active participation, and sporting behavior will be evaluated. Also, the quality of warm-up/stretch and safe participation. Online Eval. (if necessary)	Throughout the term

Term 3 (60%)

<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Projects, Tests)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
- To perform movement skills in different physical activity settings - To interact with others in different physical activity settings - To adopt a healthy, active lifestyle	Observation of the student's technical performance in various individual activities. Observation of the student's ability to perform in various cooperative and competitive team activities. Student effort, active participation, and sporting behavior will be evaluated. Also, the quality of warm-up/stretch and safe participation. Online Eval. (if necessary)	Throughout the term

-The standards and procedures are a living document; therefore changes may be made as needed.

-Video conferencing (TEAMS) and Google Classroom will be used in the event of class or school closure directed by the School Board (EMSB) or Santé Publique.