



# High School CAFETERIA PRICES

2026-2027

## About the menu

Every year, the cafeteria menu is carefully curated by the dietitians of Nutrition and Food Services to make sure that it meets nutritional requirements of our food policy, all while promoting access to varied and nutritious foods needed to stay healthy and focused in school.

Our cafeterias are regularly supervised by dietitians to ensure that all meals are served safely and meet nutritional standards.

Please find below the price list as well as a copy of the menu for the beginning of 2026-2027 academic year.

## PRICE LIST 2026-2027

### Meal Items

|                                                         |        |
|---------------------------------------------------------|--------|
| Soup (and crackers)                                     | \$1.75 |
| Meal (with vegetable and starch)                        | \$4.00 |
| Hefty Portion                                           | \$6.30 |
| Meal Card (10 meal deals* - \$50)                       | \$5.00 |
| Grilled Panini, Take out Salad, Pizza in a Box, Calzone | \$6.50 |
| Potato or Rice                                          | \$1.25 |
| Vegetable                                               | \$0.75 |
| Salad (vegetable), Crudités cup, Fresh Fruit Cup        | \$1.00 |
| Salad (rice, bean, pasta, couscous)                     | \$1.75 |
| Sandwich, regular                                       | \$3.25 |
| Sandwich, gourmet/Ham and Cheese Croissant              | \$4.50 |
| Breakfast Sandwich                                      | \$4.25 |

### Snacks

|                                   |        |
|-----------------------------------|--------|
| Bagel                             | \$1.50 |
| Bagel with butter                 | \$2.25 |
| Bagel with cheese                 | \$2.50 |
| Cheese Portion                    | \$1.00 |
| Cereal                            | \$1.50 |
| Oatmeal Galette                   | \$2.00 |
| Muffin                            | \$1.50 |
| Fruit Bread                       | \$1.50 |
| Hot Snack/Croissant and Cheese    | \$3.50 |
| Pizza Bagel                       | \$2.75 |
| Parfait                           | \$2.00 |
| Yogurt                            | \$1.00 |
| Breadsticks, Crackers, Melba      | \$0.25 |
| Margarine, Syrup, Dressing, Sauce | \$0.25 |
| Disposable Utensils/Dishes        | \$0.25 |

### Desserts

|                                           |        |
|-------------------------------------------|--------|
| Fresh Fruit                               | \$0.75 |
| Fruit Plate / Crudités plate              | \$2.00 |
| Fruit Cocktail, Fruit Jelly, Milk Pudding | \$1.50 |
| Cookie                                    | \$1.00 |
| Ice Cream                                 | \$2.00 |
| Sorbet                                    | \$3.00 |
| Homemade Desserts                         | \$2.00 |

### Drinks

|                                        |        |
|----------------------------------------|--------|
| Milk                                   | \$0.50 |
| Chocolate Milk (200ml)                 | \$1.75 |
| Chocolate / Strawberry Milk (473ml)    | \$2.75 |
| Juice (200ml)                          | \$1.25 |
| Soy Milk - Chocolate / Vanilla (200ml) | \$1.75 |

### Meal Card Deal

10 meal deals  
for 50\$

\*includes:

+ **entrée** + **vegetable**  
+ **starch** + **soup or dessert**

