Commission scolaire English-Montréal

English Montreal School Board

LINKS HIGH SCHOOL
STANDARDS & PROCEDURES

Department or Subject:	Physical Education & Health
Teacher(s):	Julia Giannacopoulos
Cycle and Level Taught:	PREWORK 2
School Year:	2025-2026

Term 1 (20%)		
Competencies Targeted	*Evaluation Methods (e.g., End-of-term Evaluation)*	*General Timeline (e.g., end of term, midterm, etc.)*
- Performs movement skills in different physical activity settings - Interacts with others in different physical activity settings - Adopts a healthy, active lifestyle	- Attendance - Participation - Anecdotal observations - Checklist - Rubric	September 2, 2025 - November 6, 2025
Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)	*Other Pertinent Information*	
- In-class feedback - Emails/agenda - Progress Report - Report Card - Parent-Teacher interviews	-Students will expand their repertoire of movement skills and increase their motor efficiency by participating in individual and group physical activities. -Students will further expand their repertoire of movement skills and develop their social skills by participating in group activities. -Students will be presented with opportunities to develop competency in adopting a healthy, active lifestyle.	

Term 2 (20%)		
Competencies Targeted	*Evaluation Methods (e.g., End-of-term Evaluation)*	*General Timeline (e.g., end of term, midterm, etc.)*
- Performs movement skills in different physical activity settings - Interacts with others in different physical activity settings - Adopts a healthy, active lifestyle	- Attendance - Participation - Anecdotal observations - Checklist - Rubric	November 7, 2025 - February 20, 2026
Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)	*Other Pertinent Information*	
- In-class feedback - Emails/agenda - Report Card - Parent-Teacher interviews	-Students will expand their repertoire of movement skills and increase their motor efficiency by participating in individual and group physical activities. -Students will further expand their repertoire of movement skills and develop their social skills by participating in group activities. -Students will be presented with opportunities to develop competency in adopting a healthy, active lifestyle.	

Term 3 (60%)		
Competencies Targeted	*Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)*	*General Timeline (e.g., end of term, midterm, etc.)*
- Performs movement skills in different physical activity settings - Interacts with others in different physical activity settings - Adopts a healthy, active lifestyle	- Attendance - Participation - Anecdotal observations - Checklist - Rubric	February 23, 2026 - June 23, 2026
Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)	*End of Year Evaluation (e.g., evaluation situation, local exam, complementary exam, uniform exam, etc.)*	*Other Pertinent Information*
- In-class feedback - Emails/agenda - Report Card	-Summative assessment based on competencies acquired throughout the year	-Students will expand their repertoire of movement skills and increase their motor efficiency by participating in individual and group physical activities. -Students will further expand their repertoire of movement skills and develop their social skills by participating in group activities.