



"ALLERGY-SAFE" LUNCHROOM PRACTICES

Before Eating

Hand Washing

Bring students to the washroom to wash their hands **BEFORE** eating



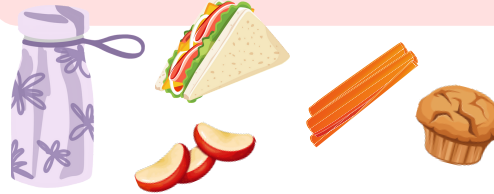
Advise students with allergies to:

- **CLEAN THE TABLE BEFORE** eating with a cleaning wipe brought from home
- Sit at **SAME PLACE TO EAT**
- Use a **PLACE MAT** brought from home (or a napkin) to set food
- **NOT** use microwave ovens
 - You can encourage the use of a thermos for hot meals
- **ONLY EAT** food from home (unless their parents say other foods are safe)

While Eating

Sharing

Advise students **NOT TO SHARE** or trade food, containers, utensils or water bottles



Desks & Place Mats

Advise students to **NOT TOUCH** desks and place mats of students with allergies

Advise students with allergies to tell an adult if:

- They touch or eat a food they are allergic to
- They feel symptoms of an allergy

After Eating

Hand Washing

Bring students to the washroom to wash their hands **AFTER** eating



Cleaning

CLEAN THE TABLE after eating

