

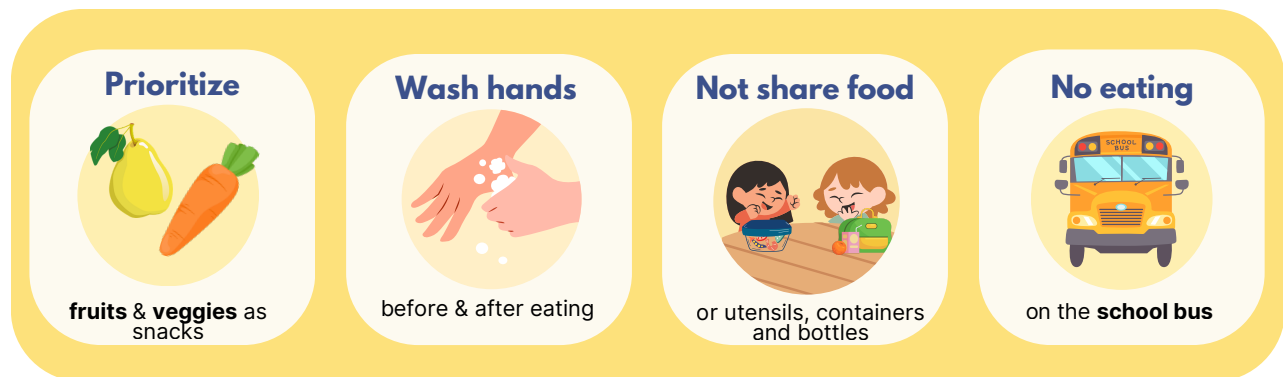


FOOD ALLERGIES

Peanut, tree nut, egg, fish, and other allergens

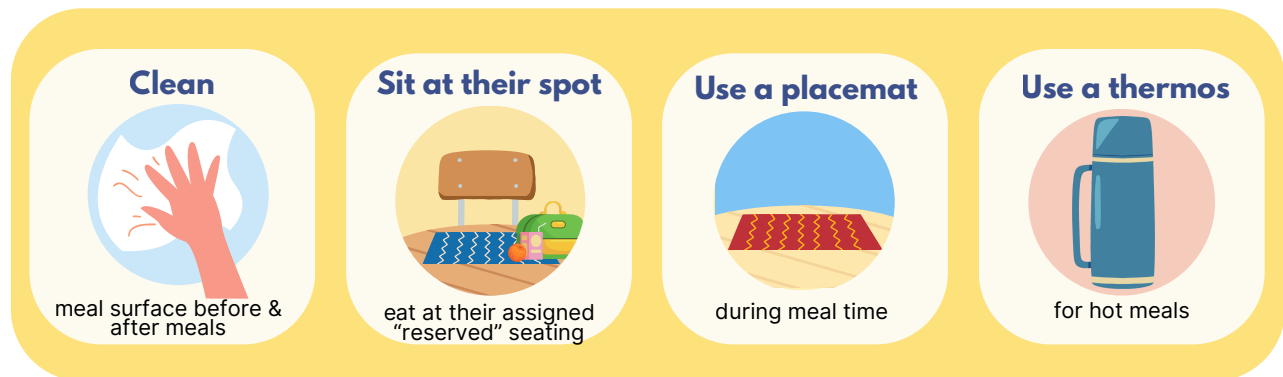
Some students in our school have serious food allergies, where even trace amounts of a food allergen (e.g. from peanut, tree nuts, eggs, fish, etc.) can trigger a severe reaction (anaphylaxis).

Providing a safe environment for our students is our priority. To help maintain our school “allergy-safe” and reduce the risk of unfortunate events, **all students are asked to:**



As the absence of allergens in foods offered through various programs and activities **cannot be guaranteed**, parents of children with allergies are reminded to provide allergen-free foods from home if they opt not to participate in these programs/activities. Furthermore, parents are advised to evaluate all risks associated with using the school cafeteria and outside food suppliers to make an informed decision on the use of these services.

Students with severe food allergies should:



As providing a safe environment for our students is a major concern, we wish to remind all parents that an **allergen-free environment cannot be guaranteed** in our school as complete avoidance of all allergens is not possible. If at any time a student feels at risk in the possible presence of an allergen, he/she should immediately go to a safe area and report to a responsible adult.

Parents of students with food allergies are reminded to inform the school Principal of their child's allergy and ensure that auto-injectors are readily available and replaced before the expiration date.

Thank you for helping us maintain our school “allergy-safe”.

Your Principal and School Board Dietitians

For more information
visit the Allergies Québec website:
www.allergies-alimentaires.org

