



# **ÉCOLE ROSLYN SCHOOL**

4699 Ave. Westmount, Westmount, Québec, H3Y 1X5, Tel: (514) 481-5581 Fax: (514) 481-4748

www.emsb.qc.ca/Roslyn

Subject:	Physical Education
Teacher (s):	Don McCarthy, Mark Sokalski, Nick Tortorici
Cycle /Grade:	Pre-K, K and Cycles 1, 2, and 3
School Year:	2025-2026

Term 1 (20%)	
General Timeline: September 2 <sup>nd</sup> , 2025 - November 10 <sup>th</sup> 2025	
Term 2 (20%)	
General Timeline: November 11th, 2025 - Feb 13 <sup>th</sup> 2026	
Term 3 (60%)	

General Timeline: Feb 16th, 2026 – June 23rd, 2026

# Competencies Targeted: (all three competencies will be evaluated each term)

\*\* Please note there are no marks given for Physical Education in Pre-K and K classes.

Classes will be performing various activities during the year including circus skills, gymnastics, pursuit and evade game, and sport model skills.

- 1. Performs movement skills in different physical activity settings
- 2. Interacts with others in different physical activity settings
- 3. Adopts a healthy active lifestyle

### **Cross Curricular Competencies Targeted:**

- 1. Solves problems
- 2. Exercises critical judgment

#### Evaluation Methods: Formative and Summative

- Observation of the student's ability to perform in various cooperative and competitive team activities.
- Observation of the student's technical performance in various individual activities.
- Student effort, active participation and sporting behaviour will be evaluated.

## **Communication to Students and Parents:**

The Physical Education Team will share with parents and students how they are doing in Phys. Ed. class. Parental communication for students that are displaying exemplary effort as well those displaying difficulty in following gymnasium rules can occur. Safe gym practice, sportsmanship and cooperation is addressed and managed daily. Students having difficult in these areas as well general behavior, respect and attitude will result in one of the following communications home.

- Note/Phys-Ed Behavior letter
- Email
- Phone call to parents/guardians
- Report card comment(s)

## Materials/Routines/Other:

## Gym Uniform:

- Navy blue Roslyn t-shirt (recommended)
- Navy blue shorts or jogging pants
- Running shoes/ no crocs or flip flops
- Students may wear their Phys. Ed uniform for the entire day. They will not be required to change into school clothes.
- Some classes may be taking place outside; please ensure that your child is dressed appropriately for the weather.