

# PARENT Zone

Help your child become  
an informed consumer

WITH THE OFFICE DE LA PROTECTION DU CONSOMMATEUR

The **Parent Zone** is a web resource offered by the Office de la protection du consommateur. It is intended for parents who want to help their elementary or high-school aged children develop critical thinking about consumer issues, learn about their rights as consumers and be able to exercise their recourse options.

## Tools adapted to your child's age

Using an array of tools (age-appropriate short activities, video clips, quizzes and suggestions for discussion), parents can talk about a range of consumer topics with their children, including:



IDENTIFYING NEEDS



CELL PHONE CONTRACTS



BUDGETING



CREDIT



ADVERTISING



BUYING A USED CAR



ONLINE PURCHASES

Visit the **Parent Zone** and discuss consumer awareness at home!



[opc.gouv.qc.ca/parents/en](https://opc.gouv.qc.ca/parents/en)