

Mandatory Content Planning Table for School Governing Board Approval – ELEMENTARY

Academic and Career Guidance Content, Content for the Development of Personal and Social Competencies and Content in Sexuality Education

Pursuant to the third paragraph of section 461 of the Education Act (EA) and section 32 of the Act Respecting Private Education (ARPE), in the general areas of training it establishes, the Minister has prescribed activities or content that must be integrated into the educational services offered to elementary and secondary students:¹

- mandatory content in **Academic and Career Guidance Content (ACGC)** for the 3rd cycle of primary school as well as for the 1st and 2nd cycles of secondary school;
- mandatory **Content for the Development of Personal and Social Competencies** for all cycles of primary and secondary education. Preschool content is also available, but not mandatory;
- mandatory **Content in Sexuality Education** for 2nd, 3rd and 4th year students, this content is complementary to the Culture and Citizenship in Quebec (CCQ) study program in which most notions of sexuality education have been integrated. For students who are not taught the CCQ subject, Content in Sexuality Education must be planned and offered. Preschool content is also available, but not mandatory.

The management, with the collaboration of school staff, including teaching staff, develops a plan for each mandatory content² under section 89 of the EA. This planning aims to:

- ensure that all prescribed content is offered;
- determine the people responsible for offering content;
- ensure consistency and continuity of learning;
- promote the integration of actions into school practices.

The governing board is responsible for approving the planning proposed by the school administration (EA, art. 85). It must approve the terms and conditions for the implementation of mandatory content, based on the planned obligations. It is recommended to obtain this approval at the beginning of each school year and to make a report at the end of the year. It should be noted that the planning of the teaching of programs of study, including the ***Culture and Citizenship in Quebec*** program, does not require approval by the governing board.

Details in the table: some content is prescribed for a specific teaching year, while others are prescribed for a cycle. Where content is prescribed for a cycle, the choice of the year in which it will be taught within that cycle is at the discretion of the educational institution. Thus, the educational institution can enter content only in the blank cells of the table. When a box is grayed out for a given content, it means that it cannot be scheduled at that time. The precision elements in the blank boxes of the template are only examples and can be adjusted as needed.

¹ The guidelines for mandatory content and activities are published each year in the [annual instruction of the Minister of Education](#).

² Other documents and templates for the planning of mandatory contents are available: Planning and monitoring of mandatory contents in primary school, Planning and monitoring of mandatory contents in secondary school and Summary table of mandatory contents.

MANDATORY CONTENT PLANNING TABLE FOR SCHOOL GOVERNING BOARD APPROVAL – ELEMENTARY

CONTENTS	PRESCHOOL (CONTENT AVAILABLE, NOT MANDATORY)	GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5	GRADE 6
ACADEMIC AND CAREER GUIDANCE CONTENT (ACGC)							
FIELDS OF INTEREST AND SKILLS Produce a self-description in terms of interests and abilities						Offered by: ELA teacher When: January -June Subject: English Language Arts (Competency: To use language to communicate and learn.) Throughout the year, as a complement to other lesson	Previously covered in Grade 5
SOCIAL INFLUENCE Select examples where their attitudes, behaviors or values are influenced by others, and examples where the student influence others						Offered by: CCQ teacher When: January - June Subject: Culture and Citizenship in Quebec (Competency: Reflects critically on cultural realities.) Throughout the year, and as occasions arise in social and class interactions	Previously covered in Grade 5
STUDENT DUTIES AND WORK METHODS Compare the work methods and duties of a student with those observed in the world of work						To be covered in Grade 6	Offered by: ELA teacher When: September- June Subject: English Language Arts (Competency: To use language to communicate and learn). Throughout the year, as a complement to ELA and Math lessons
STRENGTHS IN THE PROCESS OF TRANSITION Select various personal characteristics that will be useful in preparing for the transition from elementary school to secondary school						To be covered in Grade 6	Offered by: ELA teacher When: September- June Subject: ELA (Competency To use language to communicate and learn) Throughout the year, as a complement to other lessons

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CHARACTERISTICS OF SECONDARY SCHOOL Compare the main differences and similarities between elementary school and secondary school							Offered by: ELA teacher When: Sept - June Subject: English Language Arts (Competency: To use language to communicate and learn). Throughout the year; on-going discussion, as well as a visit from Marymount H.S. (October 2025) and an 8-session workshop by Epique to take place from March to June To be covered in Grade 6
OCCUPATION OF THE PEOPLE IN THEIR COMMUNITY Develop a description of the occupations of people in their community							Offered by: ELA teacher When: February-March Subject: English Language Arts: To use language to communicate and learn Estimated time: 2 periods "Occupations" Activity To be covered in Grade 6

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CONTENT FOR THE DEVELOPMENT OF PERSONAL AND SOCIAL COMPETENCIES							
1. Recognize their emotions, manage frustration properly and control motor impulses	Offered by: PDCIA When: November Estimated time: 15 min Lesson: How Media Makes Me Feel						

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CONTENTS	PRE-SCHOOL (CONTENT AVAILABLE, NOT MANDATORY)	GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5	GRADE 6
2. Be familiar with the different ways of showing respect when interacting with others and with their environment	Offered by: PDCIA When: November Estimated time: 15 min Lesson: Why We Pause for People						
3. Understand that their actions and words can affect others	Offered by: PDCIA When: April Estimated time: 30 min Lesson: Me You Us						
4. Apply various strategies to resolve conflicts	Offered by: PDCIA When: April Estimated time: 30 min Suggested lesson: Me You Us						
5. Recognize the importance of friends		Offered by: PDCIA When: November Estimated time: 30 min Suggested lesson: How Tech Connects Us	Offered in Grade 1				
6. Be familiar with ways to increase self-confidence within a group		Offered by: PDCIA When: November Estimated time: 30 min Lesson: Words Can Help or Hurt	Offered in Grade 1				

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7. Understand the importance of applying the rules of conduct in the environments, and the consequences for themselves and for others if these rules are not followed		Offered by: PDCIA When: November Estimated time: 30 min Lesson: Pause and Think Online: How can we be safe, responsible, and respectful online?	Offered in Grade 1				
8. Display an openness to others		Recommended for Grade 2	Offered by: PDCIA When: November Estimated time: 30 min Lesson: Including Others when Using Technology				
9. Develop the skills to express themselves and be clearly understood		Recommended for Grade 2	Offered by: PDCIA When: November Estimated time: 30 min Lesson: Sincere Apologies				
10. Recognize emotions, their intensity and how they influence behaviours				Offered by: PDCIA When: November Estimated time: 30 min Emoji-Power: Expressing Ourselves	Covered in Grade 3		
11. Develop their conflict resolution skills				Offered by: PDCIA When: November Estimated time: 30 min Lesson: Space or Repair, Making Sincere Apologies	Covered Grade 3		

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12. Understand the importance of having interpersonal relationships and developing harmonious relationships						Recommended for Grade 6	Offered by: PDCIA When: September Estimated time: 60 min Lesson: Healthy Relationships Online and In Person
CONTENT IN SEXUALITY EDUCATION							
SEXUAL GROWTH AND BODY IMAGE <ul style="list-style-type: none"> ▪ Identify the parts of the body. ▪ Give examples of what you can express and feel with your body. 	Offered by: English teacher When: April / May Estimated time: 15 minute sessions Teacher reads Amazing You and we discuss body parts and who is and is not allowed to see or touch your parts.						
PREGNANCY AND BIRTH <ul style="list-style-type: none"> ▪ Explain the steps involved in making a baby. ▪ Name ways of welcoming a baby into a family. 	Offered by: English teacher When: May Teacher reads Amazing You and we discuss where babies come from.						

Mandatory content in sexuality education for students to whom the subject *Culture and Citizenship in Quebec* is not taught – ELEMENTARY

As set out in the <https://www.education.gouv.qc.ca/references/tx-solrtyperecherchepublicationtx-solrpublicationnouveaute/resultats-de-la-recherche/detail/article/la-formation-generale-des-jeunes-instruction-annuelle/> annual instruction of the Minister of Education, mandatory content, sexuality education must still be offered to students who are not taught *Culture and Citizenship in Quebec*. This situation concerns students with moderate to severe or profound intellectual disabilities and students who are offered services d'accueil et de soutien à l'apprentissage du français (SASAF). It is up to the school staff to choose the pedagogical intervention methods according to the needs and abilities of the students as well as the established content in sexuality education.

MANDATORY CONTENT PLANNING TABLE AT THE ELEMENTARY FOR GOVERNING BOARD APPROVAL		
GROUP OF STUDENTS	MANDATORY CONTENTS	PLANNING
Ex.: students who receive SASAF		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When: ■ Estimated time:
		<ul style="list-style-type: none"> ■ Offered by: ■ When:

MANDATORY CONTENT PLANNING TABLE AT THE ELEMENTARY FOR GOVERNING BOARD APPROVAL

GROUP OF STUDENTS	MANDATORY CONTENTS	PLANNING
		■ Estimated time: