



ÉCOLE PIERRE ELLIOTT TRUDEAU SCHOOL

6855 Cartier, Montréal, Québec, H2G 2W1 • Tel: (514) 374-7337 • Fax: (514) 734-7667

STANDARDS and PROCEDURES 2025-2026

Subject:	Éducation physique et à la santé Physical education and Health
Teacher:	Patty Foschi & Max Mallette-Champoux
Cycle and Level:	Grade 1-2 (Bilingual) Grades 3 to 6 (English)

Term 1 (20%)

General Timeline: September 2, 2025 – November 21, 2025

Term 2 (20%)

General Timeline: November 24, 2025 – February 20, 2026

Term 3 60%

General Timeline: February 23, 2026 – June 23, 2026

Competencies Targeted:

Competency 1: To perform movement skills in different physical activity settings.

Competency 2: To interact with others in different physical activity settings.

Competency 3: To adopt a healthy, active lifestyle.

Evaluation Methods:

Students will be evaluated on their performance and knowledge in **various** skills. This will include locomotor, manipulative and lead up games. Some team building activities, sports, strategy development and communication skills.

- Teacher observation
- Checklists/Rubric
- Log book with handouts, self reflection/ evaluation sheets as well as peer evaluations.
- Possible written exam on the subject material of that term.

Safety and ethical behaviour

Effort and participation in class

This is also includes their level of preparation and responsibility. (phys.ed clothes, proper running shoes etc.)

(Grade 3-6 must wear their phys.ed Wolves t-shirt)

Communication to Students and Parents:

Student: Verbal notification and instruction. As well as handouts and class billboard.

Parents: Verbal notification (meetings/ phone calls) and letter home to parents or emails when necessary.

Google Classroom (when necessary)

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