



## ÉCOLE PIERRE ELLIOTT TRUDEAU SCHOOL

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### STANDARDS and PROCEDURES 2025-2026

<b>Subject:</b>	<b>Physical Education and Health</b>
<b>Teacher:</b>	<b>Patty Foschi &amp; Max Mallette-Champoux</b>
<b>Cycle and Level:</b>	<b>Grades 3 to 6</b>

#### Term 1 (20%)

**General Timeline:** September 2, 2025 – November 21, 2025

#### Term 2 (20%)

**General Timeline:** November 24, 2025 – February 20, 2026

#### Term 3 60%

**General Timeline:** February 23, 2026 – June 23, 2026

#### Competencies Targeted:

**Competency 1:** To perform movement skills in different physical activity settings.

**Competency 2:** To interact with others in different physical activity settings.

**Competency 3:** To adopt a healthy, active lifestyle.

#### Evaluation Methods:

Students will be evaluated on their performance and knowledge in **various** skills. This will include locomotor, manipulative and lead up games. Some team building activities, sports, strategy development and communication skills.

- Teacher observation
- Checklists/Rubric
- Log book with handouts, self reflection/ evaluation sheets as well as peer evaluations.
- Possible written exam on the subject material of that term.

#### Safety and ethical behaviour

#### Effort and participation in class

*This is also includes their level of preparation and responsibility. (phys.ed clothes, proper running shoes etc.)*

*(Grade 3-6 must wear their phys.ed Wolves t-shirt)*

#### Communication to Students and Parents:

Student: Verbal notification and instruction. As well as handouts and class billboard.

Parents: Verbal notification (meetings/ phone calls) and letter home to parents or emails when necessary.

**Google Classroom** (when necessary)

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Mr. Max [mmallettechampoux@emsb.gc.ca](mailto:mmallettechampoux@emsb.gc.ca)

N.B. Please note that this document is subject to change. In case of online teaching, we will be using the Google Classroom platform.