

My Child Is Going To Preschool...



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How Can I Support My Child's Transition into School?



Practical Tips...

What are the goals associated with supporting your child's transition into school?

- Decreasing any possible anxiety;
- Promoting your child's sense of excitement, pride and happiness about the process;
- Having parents enjoy this new chapter.

Tips and Suggestions:

Talk enthusiastically with your child about starting school.



Your enthusiasm and excitement is contagious as your children look up to you.

"No one of us has all the answers. I as a father certainly know that. And there is no one prescription for a child. But listening is so important. Most of us talk a lot and that doesn't leave much time for listening."

—Evel Rogers (Many Ways to Say I Love You, p. 75).



Have your child express feelings
and thoughts about starting
school.



Offer reassurance and comfort.

Visit the school environment and
playground with your child.



Talk about the beauty of change.

Participate in **play** with your child.



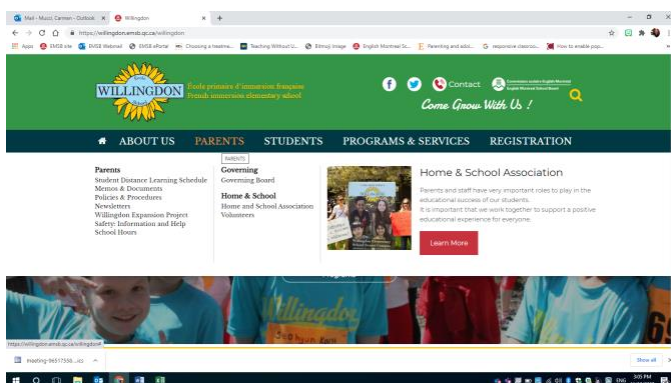
- ***Play*** not an "extra"; it is essential in our children's lives. Children learn through play.
 - It is key to learning how to problem solve.
 - Not only is play essential for development, but when you as parents play with your children, you become a role model and create a bonding experience.
-

Take a picture of your child's
new school.



Display the picture in a special location at
home.

Explore parts of the school
website with your child.



Set up playdates with family,
friends and neighbours.



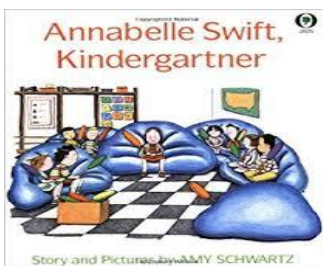
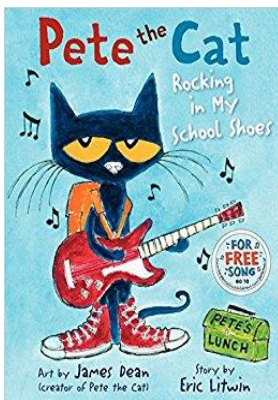
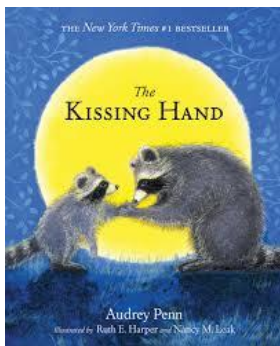
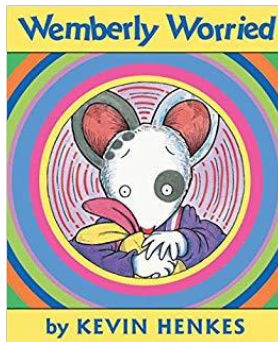
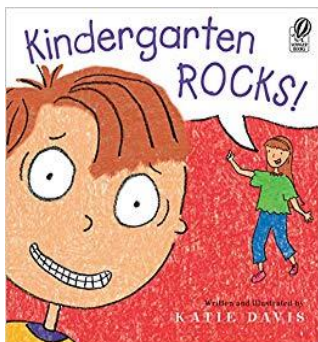
Turn taking

Advocating for
themselves

Sharing



Read books to your child about starting school.



Child Development Websites






<https://naitreetgrandir.com/en/feature/>





You are your child's first and best teacher!

Family engagement helps children be successful, in school and in life.
You can help your child by

-  Following your child's lead as you play and discover together.
-  Talking and reading with your child in your first language.
-  Helping your child to share and take turns.
-  Encouraging your child to make choices and decisions.
-  Celebrating your child's learning.

<https://www.thelearningpartnership.ca/>

NDG & Cavendish Community Resources

Table 0-5 Cavendish

Questions, comments or concerns?

We are listening to you!

You can write to us whenever you
want at:

tc05cavendish@cpelieu.com



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Food-Guide-NDG-2
018-engdocx.pdf

<http://ndg.ca/en/information-for-ndg-residents/information-referral-services-ndg>

[Mosaic Family Resource Centre](#)

[Benny Library](#)

amiquébec
Agir contre la maladie mentale
Action on mental illness

*ans
years*
40
1977-2017

[Ami/Quebec - Family Support](#)